

TriAthlone 2009

Results: Categories

Olympic Individual: Women 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	149	Bronagh Ni Bhriain	IRL	0:13:27	3	17:55	5:03	1	1:06:39	1	36.02	4:12	1	0:36:24	2	3:38	2:05:43		
2	257	Alwyn Kinane	IRL - Midlands	0:12:21	1	16:27	5:04	2	1:10:43	2	33.94	4:23	2	0:35:14	1	3:31	2:07:43	0:02:00	
3	206	Iorraine hardy	IRL	0:12:45	2	16:59	6:46	3	1:16:39	3	31.32	5:17	3	0:43:31	4	4:21	2:24:56	0:19:13	
4	196	Aine O'Callaghan	IRL	0:16:28	4	21:57	7:28	4	1:25:44	4	27.99	5:41	4	0:43:19	3	4:19	2:38:38	0:32:55	
DNF	188	LYNNE ALGAR	IRL - LIMERICK		0			0		0			0		0				
DNF	159	Sarah Lane	IRL - BELpark		0			0		0			0		0				

Olympic Individual: Women 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	208	Murna Griffin	IRL - Limerick	0:11:48	2	15:43	5:15	2	1:09:48	2	34.39	4:36	2	0:34:37	3	3:27	2:06:03		
2	227	Judith Lowry	GBR	0:12:35	3	16:46	5:11	1	1:11:23	4	33.63	3:54	1	0:33:54	2	3:23	2:06:55	0:00:52	
3	204	Iaiose griffin	IRL - Limerick	0:11:12	1	14:55	5:19	3	1:13:00	5	32.88	4:40	3	0:35:34	4	3:33	2:09:43	0:03:40	
4	267	Maria Mulvany	IRL - 3Dtri	0:13:36	4	18:07	6:18	6	1:10:27	3	34.07	5:14	6	0:43:49	8	4:22	2:19:22	0:13:19	
5	137	AOIFE O SULLIVAN	IRL	0:14:00	5	18:40	5:29	4	1:15:06	7	31.96	5:18	7	0:42:12	7	4:13	2:22:04	0:16:01	
6	57	Laura Cannon	IRL	0:15:02	7	20:02	6:31	7	1:13:18	6	32.75	4:56	5	0:45:15	9	4:31	2:25:00	0:18:57	
7	39	Diana Hogan-Murphy	IRL	0:14:23	6	19:09	5:37	5	1:22:41	8	29.03	4:44	4	0:41:22	6	4:08	2:28:45	0:22:42	
8	192	Sheila Horan	IRL	0:17:15	9	22:59	6:33	8	1:25:48	9	27.97	6:17	10	0:49:05	10	4:54	2:44:56	0:38:53	
9	220	Judith Poynton	IRL	0:15:40	8	20:52	8:18	10	1:42:47	10	23.35	5:43	8	0:40:11	5	4:01	2:52:37	0:46:34	
DNF	104	Julia Carroll	IRL		0			0		0			0		0				
DSQ	175	Aoibheann Bartley	IRL	0:27:11	10	36:13	7:02	9	0:47:25	1	50.62	5:58	9	0:26:48	1	2:40	1:54:22		

Olympic Individual: Women 35-39 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	143	Denise Dolan	IRL - athlone	0:11:01	1	14:40	6:34	3	1:10:29	1	34.06	5:32	3	0:43:08	4	4:18	2:16:42		
2	121	Claudine Hughes	IRL	0:13:20	3	17:45	5:52	1	1:19:00	4	30.38	5:30	2	0:39:45	3	3:58	2:23:25	0:06:43	
3	180	Joanne Dolan	IRL - Trinity	0:12:01	2	16:01	6:25	2	1:24:33	6	28.39	5:09	1	0:37:53	2	3:47	2:26:00	0:09:18	
4	109	Grainne O'Neill	IRL - Athlone	0:13:55	4	18:33	7:22	5	1:18:33	3	30.56	7:55	6	0:50:07	6	5:00	2:37:51	0:21:09	
5	119	Catherine Murray	IRL	0:15:32	5	20:42	6:46	4	1:14:24	2	32.26	15:23	7	0:47:44	5	4:46	2:39:48	0:23:06	
6	41	Michelle White	IRL - Tri An Mhi	0:17:04	6	22:44	8:09	6	1:30:35	7	26.50	7:14	5	0:55:35	7	5:33	2:58:34	0:41:52	
DNF	218	barbara sweeney	IRL - piranha		0			0		0			0		0				
DNF	237	Clara Scully	IRL		0			0		0			0		0				
DSQ	99	Denise Conway	IRL - Setanta	0:18:04	7	24:04	8:09	7	1:19:07	5	30.33	6:02	4	0:34:03	1	3:24	2:25:24	0:08:42	

Olympic Individual: Women 45-49 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	45	Mary Daly	IRL - midland	0:13:19	2	17:45	4:48	2	1:02:37	1	38.33	4:13	1	0:35:14	1	3:31	2:00:10		
2	161	irene walsh	IRL	0:11:36	1	15:27	4:44	1	1:07:06	2	35.77	4:40	2	0:42:44	2	4:16	2:10:49	0:10:39	

Olympic Individual: Women 50-54 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	203	joan griffin	IRL - limerick	0:13:08	1	17:29	5:27	1	1:08:29	1	35.05	4:29	1	0:36:57	1	3:41	2:08:28		

Olympic Individual: Men 20-24 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	294	Harry Springall	GBR - Leeds Carnegie	0:10:10	1	13:32	3:44	1	0:59:40	1	40.23	3:26	1	0:30:57	1	3:05	1:47:55		
2	296	Tristan kovero	IRL	0:12:47	4	17:01	5:21	4	1:05:04	2	36.89	4:53	5	0:37:25	3	3:44	2:05:28	0:17:33	
3	56	mark johnson	IRL	0:12:27	3	16:35	4:43	2	1:05:21	3	36.73	4:39	4	0:41:48	6	4:10	2:08:57	0:21:02	
4	293	con murray	IRL	0:13:30	5	17:58	6:54	6	1:07:04	4	35.79	4:55	6	0:37:58	4	3:47	2:10:18	0:22:23	
5	295	noel power	IRL	0:11:21	2	15:07	5:12	3	1:12:18	6	33.20	4:29	2	0:39:01	5	3:54	2:12:20	0:24:25	
6	231	Eoghan Carton	IRL	0:15:13	6	20:17	6:21	5	1:09:45	5	34.41	4:32	3	0:37:10	2	3:42	2:12:59	0:25:04	

Olympic Individual: Men 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	221	Paul Skipper	GBR - Tricentral/Zoot	0:10:47	3	14:22	4:03	1	0:56:14	1	42.69	3:34	1	0:30:58	1	3:05	1:45:34		
2	7	Mark Dunne	IRL - Pulse Tri club	0:10:02	1	13:22	4:10	2	1:02:27	2	38.43	3:50	3	0:31:54	2	3:11	1:52:22	0:06:48	
3	133	Michael McCarron	IRL	0:11:17	6	15:01	4:14	3	1:04:01	4	37.49	3:50	4	0:32:50	3	3:16	1:56:10	0:10:36	
4	16	patrick quinn	IRL - none	0:12:10	9	16:12	5:20	11	1:02:44	3	38.26	3:57	6	0:33:16	4	3:19	1:57:25	0:11:51	
5	281	Daniel Cluskey	IRL - N/A	0:12:05	8	16:06	5:14	8	1:05:33	9	36.62	4:26	12	0:35:33	10	3:33	2:02:50	0:17:16	
6	285	Declan Winders	IRL - Naas	0:13:14	15	17:37	5:06	7	1:05:04	8	36.89	4:50	19	0:34:51	9	3:29	2:03:03	0:17:29	
7	43	Eoin Ryan	IRL	0:13:01	14	17:21	5:28	15	1:04:48	6	37.05	4:16	7	0:36:08	16	3:36	2:03:38	0:18:04	

TriAthlone 2009

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Olympic Individual: Men 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
8	148	Michael Searson	IRL	0:14:11	23	18:53	5:17	10	1:04:51	7	37.01	3:44	2	0:35:37	12	3:33	2:03:38	0:18:04	
9	138	Bernard Mulvihill	IRL - Midland	0:15:49	31	21:04	5:39	20	1:04:41	5	37.11	4:31	13	0:33:39	7	3:21	2:04:16	0:18:42	
10	135	Russell Davidson	IRL	0:13:42	19	18:15	4:43	4	1:05:56	11	36.40	4:26	11	0:35:58	14	3:35	2:04:43	0:19:09	
11	44	rory dowds	IRL	0:14:37	27	19:29	6:05	25	1:06:40	13	36.01	5:23	26	0:33:31	6	3:21	2:06:13	0:20:39	
12	62	Rob Cleary	IRL	0:13:50	20	18:25	5:37	18	1:09:49	20	34.38	3:53	5	0:33:18	5	3:19	2:06:25	0:20:51	
13	266	Paul Kilmartin	IRL - 3D Tri	0:13:22	17	17:48	6:02	24	1:08:47	17	34.90	4:24	10	0:35:34	11	3:33	2:08:06	0:22:32	
14	244	Colin Duane	IRL - Predator	0:10:49	4	14:24	5:23	12	1:07:25	15	35.61	4:49	18	0:39:47	23	3:58	2:08:11	0:22:37	
15	129	Paul Mc Manus	IRL - Tri An Mhi	0:13:34	18	18:04	4:57	5	1:08:59	18	34.80	5:03	23	0:36:02	15	3:36	2:08:32	0:22:58	
16	289	David Murnaghan	GBR	0:10:58	5	14:37	5:34	17	1:09:38	19	34.47	4:31	14	0:38:23	19	3:50	2:09:03	0:23:29	
17	187	David Power	IRL	0:13:57	21	18:35	6:20	28	1:10:32	23	34.03	4:36	15	0:34:12	8	3:25	2:09:35	0:24:01	
18	222	John McMenamin	IRL	0:14:55	30	19:53	6:25	29	1:05:38	10	36.57	6:10	30	0:37:12	17	3:43	2:10:18	0:24:44	
19	228	Stewart Mc Kenna	IRL	0:10:37	2	14:08	5:30	16	1:11:08	24	33.74	5:14	24	0:38:29	20	3:50	2:10:57	0:25:23	
20	91	John Kelly	IRL - Galway	0:16:54	33	22:31	5:02	6	1:07:10	14	35.73	4:39	16	0:38:03	18	3:48	2:11:46	0:26:12	
21	205	robert caraher	GBR - setanta	0:14:10	22	18:52	5:27	14	1:06:22	12	36.17	5:35	27	0:42:35	27	4:15	2:14:07	0:28:33	
22	292	John Murray	IRL	0:13:21	16	17:47	5:17	9	1:13:26	26	32.69	4:18	8	0:38:58	22	3:53	2:15:18	0:29:44	
23	184	Warren McKenzie	IRL - 3D	0:12:34	11	16:45	6:42	32	1:10:00	21	34.29	4:56	22	0:43:03	30	4:18	2:17:14	0:31:40	
24	14	Philip Hayes	IRL	0:14:14	24	18:58	5:41	21	1:12:09	25	33.27	4:53	21	0:40:24	24	4:02	2:17:19	0:31:45	
25	177	Tom Murphy	IRL	0:12:44	13	16:57	6:08	26	1:15:11	28	31.93	5:37	28	0:43:18	31	4:19	2:22:56	0:37:22	
26	132	Kevin Walsh	IRL - cork	0:11:57	7	15:55	5:41	22	1:13:30	27	32.65	4:18	9	0:47:45	34	4:46	2:23:10	0:37:36	
27	47	Conor Dowds	IRL	0:14:32	26	19:22	6:11	27	1:10:24	22	34.09	6:26	33	0:45:58	32	4:35	2:23:29	0:37:55	
28	26	Peter O Connell	IRL	0:12:34	10	16:44	5:26	13	1:24:37	34	28.36	4:51	20	0:38:32	21	3:51	2:25:58	0:40:24	
29	282	Patrick Lyons	IRL	0:18:16	34	24:21	6:00	23	1:17:01	29	31.17	5:57	29	0:42:57	29	4:17	2:30:10	0:44:36	
30	2	Kieran Coleman	IRL	0:14:41	28	19:34	6:25	30	1:22:32	33	29.08	4:46	17	0:42:51	28	4:17	2:31:13	0:45:39	
31	259	Clayton Love	IRL	0:14:52	29	19:48	9:29	34	1:17:32	30	30.96	7:26	34	0:42:14	26	4:13	2:31:30	0:45:56	
32	290	Barry Mullan	IRL	0:15:56	32	21:14	8:03	33	1:20:05	32	29.97	6:10	31	0:41:24	25	4:08	2:31:37	0:46:03	
33	140	michael john delaney	IRL	0:14:31	25	19:21	6:25	31	1:18:34	31	30.55	6:24	32	0:46:42	33	4:40	2:32:35	0:47:01	
DNF	146	karl kildea	IRL - setanta	0				0		0			0		0				
DNF	96	Wayne Reid	IRL - Athlone	0				0		0			0		0				
DNF	101	Peter Reilly	IRL	0				0		0			0		0				
DNF	283	Art O Neachtain	IRL	0				0		0			0		0				
DNF	229	John O'Riordan	IRL	0				0		0			0		0				
DNF	245	Shane Galligan	IRL - -	0				0		0			0		0				
DNF	246	paul cosgrave	IRL	0				0		0			0		0				
DNF	249	Declan Fahy	IRL - Tri An Mhi	0				0		0			0		0				
DNF	241	Crevan Begley	IRL	0				0		0			0		0				
DNF	38	Stephen Brazil	IRL	0				0		0			0		0				
DNF	55	adrian rutledge	IRL - 3dtri	0				0		0			0		0				
DSQ	186	Rónán O'Flaherty	IRL	0:12:42	12	16:55	5:37	19	1:08:01	16	35.29	5:15	25	0:35:44	13	3:34	2:07:17	0:21:43	

Olympic Individual: Men 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	226	Brian Farrell	IRL	0:11:04	7	14:44	4:18	4	1:00:52	2	39.44	4:03	9	0:32:12	6	3:13	1:52:27		
2	230	Robert Harvey	GBR - Manchester Triathlon Club	0:10:45	2	14:20	4:23	5	1:01:23	3	39.10	3:59	7	0:34:22	13	3:26	1:54:50	0:02:23	
3	21	ronan hartnett	IRL - 3dtri	0:12:48	16	17:03	4:43	8	1:02:38	4	38.32	3:56	5	0:30:58	2	3:05	1:55:01	0:02:34	
4	64	Paul McIntyre	IRL - Northwest tri	0:12:24	12	16:31	4:14	3	1:04:50	9	37.02	3:52	3	0:31:32	4	3:09	1:56:50	0:04:23	
5	126	antoine rivoire	GBR - Peninsula Tri	0:10:49	3	14:24	4:32	7	1:03:31	6	37.79	4:42	28	0:33:58	10	3:23	1:57:29	0:05:02	
6	33	Rory O'Sullivan	IRL - Piranha	0:12:51	17	17:08	4:45	9	1:05:16	12	36.78	3:49	2	0:31:05	3	3:06	1:57:43	0:05:16	
7	214	gavin crawford	IRL - 24-jul	0:14:05	45	18:45	4:54	12	1:04:17	7	37.34	4:09	12	0:31:41	5	3:10	1:59:04	0:06:37	
8	253	Andrew Connolly	GBR - Hi-Elbow	0:14:24	47	19:11	5:15	18	1:03:08	5	38.02	4:08	11	0:33:35	9	3:21	2:00:28	0:08:01	
9	103	Colm Walsh	IRL - Midland Tri	0:12:46	15	17:01	5:03	15	1:06:10	19	36.28	4:17	15	0:32:31	7	3:15	2:00:45	0:08:18	
10	1433	Martin Boddie	GBR - Triangle/COLT	0:10:54	5	14:31	3:58	1	1:06:12	20	36.25	3:48	1	0:36:23	21	3:38	2:01:13	0:08:46	
11	232	Michael Marnane	IRL - None	0:12:52	18	17:08	4:48	10	1:06:07	18	36.30	4:06	10	0:34:14	12	3:25	2:02:06	0:09:39	
12	258	Darragh Thornton	IRL - Midlands	0:12:53	20	17:10	5:25	22	1:05:22	13	36.72	4:35	22	0:34:13	11	3:25	2:02:27	0:10:00	
13	191	Jonathan O'Brien	IRL	0:10:57	6	14:35	5:51	37	1:07:12	23	35.71	3:56	4	0:34:41	14	3:28	2:02:36	0:10:09	
14	63	Stephen Cleary	IRL	0:13:25	34	17:52	4:28	6	1:08:24	32	35.10	3:57	6	0:32:56	8	3:17	2:03:07	0:10:40	
15	139	Karl Marnane	IRL - N/A	0:12:00	8	15:59	5:03	14	1:07:20	24	35.65	4:34	20	0:35:30	17	3:32	2:04:25	0:11:58	
16	141	Dave McCourt	IRL - Athlone Tri Club	0:13:25	35	17:52	5:32	28	1:04:36	8	37.16	5:29	52	0:35:32	18	3:33	2:04:32	0:12:05	
17	13	Denis Tobin	IRL - N/A	0:14:25	48	19:12	4:56	13	1:05:03	11	36.90	4:41	26	0:36:27	22	3:38	2:05:31	0:13:04	
18	279	Mark Whitney	IRL - Tricw	0:12:26	13	16:34	5:41	33	1:06:06	17	36.31	4:51	30	0:36:30	24	3:38	2:05:32	0:13:05	
19	147	Michael Davis	IRL - Ennis Tri Club	0:10:49	4	14:25	5:17	20	1:04:56	10	36.96	5:32	54	0:39:01	33	3:54	2:05:34	0:13:07	
20	23	Darragh Sheehy	IRL	0:14:41	50	19:34	5:33	29	1:07:04	22	35.79	4:27	18	0:35:24	16	3:32	2:07:07	0:14:40	
21	248	Mark Callanan	IRL - Cork Tri Club	0:15:49	62	21:04	4:52	11	1:05:29	16	36.65	4:27	19	0:37:45	26	3:46	2:08:20	0:15:53	

TriAthlone 2009

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Olympic Individual: Men 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
22	50	Gary Cullinan	IRL - Phoenix	0:13:17	32	17:42	5:26	23	1:07:46	25	35.42	5:03	37	0:37:42	25	3:46	2:09:12	0:16:45	
23	5	searnus collins	IRL	0:13:12	30	17:35	5:11	17	1:05:27	15	36.68	5:21	48	0:40:29	43	4:02	2:09:39	0:17:12	
24	106	Padraig Doyle	IRL	0:12:13	9	16:16	5:28	26	1:08:23	31	35.10	5:01	35	0:38:42	31	3:52	2:09:46	0:17:19	
25	243	Brian Twomey	IRL	0:13:46	41	18:20	6:03	48	1:09:12	36	34.68	5:08	40	0:36:06	20	3:36	2:10:13	0:17:46	
26	92	Barry Byrne	IRL - racing 795	0:13:04	27	17:24	5:09	16	1:09:41	37	34.44	4:01	8	0:38:22	29	3:50	2:10:15	0:17:48	
27	9	Ian McGarry	IRL	0:10:34	1	14:05	5:52	41	1:07:49	26	35.39	5:17	45	0:41:19	45	4:07	2:10:50	0:18:23	
28	219	Nigel Plowman	IRL	0:12:58	23	17:16	5:51	39	1:10:08	39	34.22	4:10	13	0:38:20	28	3:49	2:11:25	0:18:58	
29	110	Paul Byrne	IRL	0:13:11	29	17:33	5:56	45	1:08:01	30	35.29	4:51	29	0:40:24	41	4:02	2:12:21	0:19:54	
30	260	John Fegan	IRL	0:13:42	38	18:15	5:15	19	1:10:06	38	34.24	4:34	21	0:38:46	32	3:52	2:12:21	0:19:54	
31	11	Damien Malone	IRL - Schull tri club	0:13:32	37	18:01	5:52	40	1:09:06	34	34.73	5:03	38	0:39:02	34	3:54	2:12:34	0:20:07	
32	158	SEAN MCCANN	IRL	0:15:08	54	20:09	6:35	53	1:10:36	41	34.00	4:26	17	0:36:29	23	3:38	2:13:11	0:20:44	
33	118	george mullis	IRL	0:13:54	43	18:31	5:31	27	1:07:50	27	35.39	5:08	41	0:41:40	48	4:09	2:14:02	0:21:35	
34	284	Trevor O'Shea	IRL - none	0:12:59	24	17:18	6:39	54	1:08:27	33	35.07	5:45	61	0:40:28	42	4:02	2:14:16	0:21:49	
35	247	John Langenbach	IRL	0:15:11	56	20:13	6:14	52	1:12:23	46	33.16	4:36	23	0:35:57	19	3:35	2:14:18	0:21:51	
36	40	spencer perkins	IRL	0:13:01	26	17:20	6:06	49	1:07:59	29	35.31	5:08	39	0:42:42	51	4:16	2:14:54	0:22:27	
37	183	ger copeland	IRL	0:15:26	58	20:34	5:53	42	1:11:34	42	33.54	5:37	56	0:38:00	27	3:47	2:16:27	0:24:00	
38	145	tony gaffney	IRL - LEINSTER	0:13:14	31	17:38	5:44	34	1:09:07	35	34.73	4:53	32	0:43:43	55	4:22	2:16:39	0:24:12	
39	201	Russell Boyd	IRL	0:14:13	46	18:57	5:51	38	1:11:55	44	33.37	5:22	49	0:39:24	36	3:56	2:16:43	0:24:16	
40	273	Paul Leonard	GBR	0:15:19	57	20:25	7:33	67	1:13:23	47	32.71	5:40	59	0:34:51	15	3:29	2:16:45	0:24:18	
41	264	Seamus Fingleton	IRL	0:13:05	28	17:25	5:27	24	1:11:52	43	33.40	5:02	36	0:41:38	47	4:09	2:17:03	0:24:36	
42	173	Jamie Olden	IRL - Cork	0:12:40	14	16:53	5:47	35	1:13:56	50	32.46	5:10	43	0:39:48	38	3:58	2:17:20	0:24:53	
43	288	Colleran Alan	IRL	0:12:24	11	16:31	5:35	30	1:10:17	40	34.15	5:31	53	0:44:03	58	4:24	2:17:47	0:25:20	
44	162	Gareth Maguire	IRL	0:13:00	25	17:19	6:00	46	1:14:57	53	32.03	4:42	27	0:39:16	35	3:55	2:17:52	0:25:25	
45	32	Anthony Darley	IRL - Pulse	0:15:03	52	20:03	6:08	51	1:07:53	28	35.36	5:58	63	0:44:04	59	4:24	2:19:05	0:26:38	
46	48	Michael Carolan	IRL	0:16:40	66	22:12	5:35	31	1:13:52	49	32.49	5:00	34	0:40:17	40	4:01	2:21:23	0:28:56	
47	97	Ollie Kinnane	IRL	0:14:04	44	18:44	7:32	66	1:15:20	57	31.86	5:20	46	0:40:40	44	4:03	2:22:54	0:30:27	
48	112	John O'Sullivan	IRL	0:12:19	10	16:24	5:37	32	1:15:07	54	31.95	5:37	57	0:44:20	61	4:25	2:22:58	0:30:31	
49	60	Colm Fay	IRL	0:15:59	64	21:17	5:49	36	1:13:37	48	32.60	5:20	47	0:42:20	50	4:13	2:23:04	0:30:37	
50	100	Mark King	IRL - None	0:13:43	39	18:16	5:24	21	1:19:03	63	30.36	4:24	16	0:41:43	49	4:10	2:24:16	0:31:49	
51	163	Mark Hogg	IRL	0:15:09	55	20:11	5:54	44	1:14:24	51	32.26	5:09	42	0:43:44	56	4:22	2:24:18	0:31:51	
52	212	Justin Sullivan	IRL	0:15:42	61	20:55	7:08	62	1:15:54	58	31.62	4:51	31	0:41:19	46	4:07	2:24:53	0:32:26	
53	36	Simon Lowther	IRL	0:14:26	49	19:14	7:04	61	1:15:17	56	31.88	5:32	55	0:43:23	53	4:20	2:25:40	0:33:13	
54	256	Peter McGeeney	GBR	0:13:28	36	17:57	6:53	56	1:16:18	60	31.46	6:29	65	0:43:08	52	4:18	2:26:15	0:33:48	
55	117	gerald costello	IRL - None	0:16:01	65	21:20	6:43	55	1:16:02	59	31.57	6:04	64	0:44:09	60	4:24	2:28:56	0:36:29	
56	242	Noel Faherty	IRL	0:18:25	68	24:32	7:26	64	1:14:25	52	32.25	5:26	50	0:43:40	54	4:21	2:29:20	0:36:53	
57	8	Kieran O'Brien	IRL	0:15:50	63	21:06	7:18	63	1:15:08	55	31.94	5:49	62	0:45:25	63	4:32	2:29:29	0:37:02	
58	15	John Fogarty	IRL	0:12:55	21	17:12	7:00	58	1:21:10	65	29.57	8:36	71	0:40:05	39	4:00	2:29:43	0:37:16	
59	265	Peter Smyth	IRL	0:12:53	19	17:09	7:34	68	1:17:01	61	31.17	7:13	70	0:45:12	62	4:31	2:29:51	0:37:24	
60	144	Hugh Dowling	IRL - Ennis Tri Club	0:15:05	53	20:06	7:35	69	1:12:04	45	33.30	6:45	67	0:48:37	67	4:51	2:30:04	0:37:37	
61	94	PAUL REED	GBR - PENINSULA	0:13:21	33	17:47	5:28	25	1:21:17	66	29.53	4:36	24	0:45:48	64	4:34	2:30:29	0:38:02	
62	262	James Finucane	IRL	0:15:39	60	20:50	8:58	71	1:22:02	68	29.26	5:28	51	0:39:26	37	3:56	2:31:30	0:39:03	
63	200	Paul Hannan	IRL	0:18:12	67	24:15	6:06	50	1:19:46	64	30.09	4:41	25	0:43:49	57	4:22	2:32:32	0:40:05	
64	83	Michael Deasy	IRL - Piranha	0:13:54	42	18:31	5:54	43	1:05:25	14	36.69	4:59	33	1:02:58	70	6:17	2:33:08	0:40:41	
65	193	Paul Horan	IRL	0:15:00	51	19:58	7:39	70	1:18:03	62	30.75	5:43	60	0:48:17	66	4:49	2:34:40	0:42:13	
66	71	thomas kinsella	IRL - none	0:18:26	69	24:33	7:27	65	1:25:48	70	27.97	6:30	66	0:47:58	65	4:47	2:46:08	0:53:41	
67	34	John Coleman	IRL	0:19:12	70	25:34	7:03	60	1:21:35	67	29.42	5:40	58	0:55:56	69	5:35	2:49:24	0:56:57	
68	198	John O Dea	IRL - Piranha	0:13:45	40	18:19	6:02	47	1:23:15	69	28.83	6:49	68	1:05:20	71	6:31	2:55:09	1:02:42	
69	179	Michael Cassidy	IRL	0:15:30	59	20:39	6:58	57	1:50:18	71	21.76	6:55	69	0:52:05	68	5:12	3:11:45	1:19:18	
DNF	209	hugh mccarthy	IRL - Ennis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	160	Patrick Howard	IRL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	156	Cian O'Neill	IRL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	157	Neil McLaughlin	IRL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	178	Paul Lovett	IRL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	170	Liam Cloake	IRL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	263	Colm Colohan	IRL - Wicklow	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	268	denis cormican	GBR	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	236	john keane	IRL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	25	graham townsend	IRL - setanta	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	22	Keith O Gorman	IRL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	12	Hugh McKee	IRL - cork	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	10	jp o'brien	IRL - midland tri club	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
DNF	107	Paul Hennelly	IRL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

TriAthlone 2009

Results: Categories

Olympic Individual: Men 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DNF	123	thanasiie kaldanis	IRL		0			0		0			0		0				
DSQ	211	Justin Gleeson	IRL - Blepark	0:12:56	22	17:14	7:01	59	1:06:32	21	36.08	5:10	44	0:38:29	30	3:50	2:10:07	0:17:40	
DSQ	35	james dunphy	IRL - 3D Tri	1:05:48	71	27:43	4:09	2	0:37:59	1	63.19	4:16	14	0:18:37	1	1:51	2:10:48	0:18:21	

Olympic Individual: Men 35-39 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	234	gary crossan	IRL - 24-jul	0:11:16	2	15:00	4:34	3	1:03:01	6	38.09	3:46	2	0:28:53	5	2:53	1:51:28		
2	27	Brian O'Sullivan	IRL - Piranha	0:11:47	7	15:42	4:04	1	1:02:58	5	38.12	3:43	1	0:31:47	8	3:10	1:54:16	0:02:48	
3	17	Kevin Leavy	IRL	0:11:44	5	15:37	4:47	9	1:04:46	8	37.06	3:50	3	0:31:25	7	3:08	1:56:30	0:05:02	
4	252	Peter Coughlan	IRL - Piranha Triathlon Club	0:11:34	3	15:24	4:47	10	1:05:16	11	36.77	4:05	5	0:33:16	10	3:19	1:58:57	0:07:29	
5	30	Niall McCabe	IRL - Setanta	0:13:24	17	17:51	5:24	15	1:04:04	7	37.47	4:17	7	0:32:21	9	3:14	1:59:29	0:08:01	
6	238	Ivan Kelleher	IRL - Cork Tri Club	0:12:36	11	16:47	4:46	8	1:05:07	10	36.86	4:29	11	0:38:14	21	3:49	2:05:10	0:13:42	
7	176	Brendan Smyth	IRL	0:13:20	16	17:46	6:55	38	1:05:19	12	36.75	4:37	13	0:36:45	16	3:40	2:06:55	0:15:27	
8	154	Craig Molloy	IRL - Team Sports Med Ireland	0:13:51	24	18:26	4:19	2	1:06:54	17	35.87	4:07	6	0:37:59	19	3:47	2:07:08	0:15:40	
9	240	Brendan Duffy	IRL - NA	0:11:47	6	15:41	4:45	6	1:09:41	29	34.45	5:40	38	0:37:04	17	3:42	2:08:55	0:17:27	
10	77	John Kelly	IRL - Cork Tri Club	0:15:14	37	20:18	5:54	23	1:06:19	15	36.20	5:01	18	0:36:44	15	3:40	2:09:09	0:17:41	
11	4	fred hickey	IRL - none	0:12:26	10	16:33	4:58	12	1:09:51	30	34.36	4:19	8	0:38:20	22	3:49	2:09:51	0:18:23	
12	277	Simon Cummings	GBR - Peninsula	0:13:41	22	18:14	5:51	21	1:09:33	26	34.51	4:21	9	0:36:35	14	3:39	2:09:59	0:18:31	
13	24	O'Reilly Edward	IRL - T3	0:14:27	30	19:14	6:01	26	1:05:00	9	36.93	5:37	37	0:39:02	23	3:54	2:10:04	0:18:36	
14	120	Quentin Jansen	IRL - Piranha	0:12:00	8	15:59	5:42	18	1:07:16	18	35.68	5:08	21	0:40:19	28	4:01	2:10:23	0:18:55	
15	155	Shane McCarthy	IRL - Pulse	0:13:58	27	18:36	6:39	35	1:08:23	21	35.10	5:33	35	0:36:13	13	3:37	2:10:44	0:19:16	
16	46	Adrian Dolan	IRL	0:14:08	28	18:49	5:37	16	1:06:09	13	36.29	5:14	27	0:39:40	26	3:57	2:10:45	0:19:17	
17	172	Bryan Mathias	IRL - Ennis Tri Club	0:12:15	9	16:18	4:45	5	1:08:53	24	34.85	5:26	32	0:39:30	25	3:56	2:10:46	0:19:18	
18	276	Dave Osborne	IRL - Trilogy	0:17:18	46	23:02	4:46	7	1:09:40	28	34.45	3:55	4	0:35:36	12	3:33	2:11:12	0:19:44	
19	190	Michael McCarthy	IRL - Galway	0:12:58	13	17:16	4:35	4	1:06:51	16	35.91	5:47	39	0:43:14	44	4:19	2:13:23	0:21:55	
20	59	Richard Doyle	IRL - T3	0:13:44	23	18:17	6:26	34	1:07:27	19	35.59	5:11	26	0:41:18	36	4:07	2:14:04	0:22:36	
21	166	Pat O'Sullivan	IRL	0:11:35	4	15:25	5:00	13	1:06:16	14	36.22	5:36	36	0:45:44	48	4:34	2:14:09	0:22:41	
22	215	Derek Patterson	IRL	0:15:41	41	20:54	6:53	37	1:13:30	41	32.66	4:34	12	0:33:38	11	3:21	2:14:14	0:22:46	
23	75	Brendan Borland	IRL - Wicklow	0:13:02	14	17:21	5:00	14	1:08:43	23	34.93	4:59	17	0:42:33	41	4:15	2:14:16	0:22:48	
24	1	Brian McGeeney	GBR - Ipswich Triathlon Club	0:13:07	15	17:29	6:07	28	1:10:03	31	34.27	4:57	15	0:41:09	34	4:06	2:15:21	0:23:53	
25	80	Noel Mc Grath	IRL	0:12:51	12	17:06	4:54	11	1:11:37	37	33.52	5:21	29	0:40:57	32	4:05	2:15:38	0:24:10	
26	217	bernard sweeney	IRL	0:11:12	1	14:55	7:12	40	1:08:30	22	35.04	5:26	31	0:43:51	45	4:23	2:16:09	0:24:41	
27	124	Liam Cashman	IRL - Cork	0:13:35	20	18:06	6:21	32	1:12:27	38	33.13	5:55	42	0:38:04	20	3:48	2:16:20	0:24:52	
28	37	Michael O'Connell	IRL	0:13:55	25	18:32	7:35	44	1:09:10	25	34.70	6:37	48	0:39:07	24	3:54	2:16:22	0:24:54	
29	70	Peter Coulahan	IRL	0:15:01	35	20:00	6:26	33	1:09:35	27	34.50	4:56	14	0:41:03	33	4:06	2:16:58	0:25:30	
30	287	Simon Moynihan	IRL	0:15:40	40	20:52	7:57	48	1:10:40	33	33.97	5:15	28	0:37:44	18	3:46	2:17:13	0:25:45	
31	131	Declan Mullany	IRL	0:13:39	21	18:11	6:03	27	1:07:39	20	35.48	5:08	23	0:45:40	47	4:33	2:18:09	0:26:41	
32	98	James Murtagh	IRL	0:13:31	19	18:00	6:51	36	1:12:46	39	32.99	6:03	44	0:40:19	27	4:01	2:19:29	0:28:01	
33	102	Brian Nevin	IRL - Pulse	0:15:16	38	20:21	6:13	30	1:11:17	34	33.67	5:28	33	0:41:34	39	4:09	2:19:46	0:28:18	
34	210	Troy Bannon	IRL - none	0:14:48	34	19:42	5:37	17	1:10:39	32	33.98	5:01	19	0:43:53	46	4:23	2:19:55	0:28:27	
35	280	David Murphy	IRL	0:16:35	43	22:06	6:13	29	1:11:30	36	33.57	5:10	24	0:40:56	31	4:05	2:20:21	0:28:53	
36	270	Peter O'Grady	IRL	0:15:37	39	20:48	7:57	47	1:11:28	35	33.59	5:58	43	0:40:29	29	4:02	2:21:26	0:29:58	
37	142	Niall Moore	IRL - Athlone tri club	0:13:56	26	18:33	5:52	22	1:13:24	40	32.70	5:24	30	0:43:06	43	4:18	2:21:40	0:30:12	
38	3	Alan Frahill	IRL	0:13:29	18	17:57	5:54	24	1:14:08	43	32.37	5:32	34	0:42:56	42	4:17	2:21:58	0:30:30	
39	216	Emmet Flanagan	IRL	0:14:36	33	19:27	7:23	43	1:14:09	44	32.37	4:58	16	0:41:22	37	4:08	2:22:26	0:30:58	
40	275	donnchadh harrington	IRL	0:15:46	42	21:01	7:16	41	1:13:46	42	32.54	6:26	47	0:41:13	35	4:07	2:24:25	0:32:57	
41	261	Padraig Landers	IRL - TRI AN MHI	0:14:16	29	19:01	7:08	39	1:15:31	46	31.79	6:12	46	0:41:29	38	4:08	2:24:34	0:33:06	
42	72	Fiachra O Mathuna	IRL	0:16:42	44	22:15	7:18	42	1:15:16	45	31.89	5:51	41	0:42:08	40	4:12	2:27:14	0:35:46	
43	272	james byrne	IRL	0:15:10	36	20:12	7:39	45	1:23:43	48	28.67	7:43	49	0:40:35	30	4:03	2:34:48	0:43:20	
44	286	seamus o regan	IRL - connacht	0:14:31	32	19:21	8:02	49	1:24:22	49	28.45	6:06	45	0:48:50	49	4:52	2:41:50	0:50:22	
45	153	Fergus Mclvor	IRL	0:17:00	45	22:38	9:21	50	1:56:14	50	20.65	8:28	50	0:50:52	50	5:05	3:21:52	1:30:24	
DNF	168	Fergal Wickham	IRL		0			0		0			0		0				
DNF	165	Feargal McDonnell	IRL		0			0		0			0		0				
DNF	213	Cian McGuinness	IRL - Galway		0			0		0			0		0				
DNF	194	paul gordon	IRL - na		0			0		0			0		0				
DNF	195	hugh mcatamney	IRL		0			0		0			0		0				
DNF	235	Eoghan O'Sullivan	IRL		0			0		0			0		0				
DNF	291	robby lodge	IRL		0			0		0			0		0				
DNF	76	Joseph Smyth	IRL - Kenmare		0			0		0			0		0				
DNF	81	Paul O'Brien	IRL - Midland Tri Club		0			0		0			0		0				
DNF	49	Peter Murphy	IRL		0			0		0			0		0				
DNF	20	Don Morrissey	IRL - None		0			0		0			0		0				

TriAthlone 2009

Results: Categories

Olympic Individual: Men 35-39 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DNF	6	Mark Dunleavy	IRL - naas wheelworx		0			0		0			0		0				
DNF	115	David Kenny	IRL		0			0		0			0		0				
DNF	113	John Mc Donnell	IRL - Galway		0			0		0			0		0				
DSQ	223	eddie swords	IRL	0:55:14	48	13:38	5:47	19	0:39:09	2	61.31	5:08	22	0:22:23	4	2:14	2:07:40	0:16:12	
DSQ	134	Aidan Fleming	IRL	0:55:03	47	13:23	5:51	20	0:41:34	3	57.74	5:10	25	0:21:15	3	2:07	2:08:52	0:17:24	
DSQ	224	Joe Ryan	IRL	0:55:47	49	14:21	5:55	25	0:43:34	4	55.09	4:26	10	0:20:47	2	2:04	2:10:27	0:18:59	
DSQ	269	graham cooper	IRL - 3d	0:14:31	31	19:20	7:47	46	1:18:02	47	30.76	5:49	40	0:31:02	6	3:06	2:17:09	0:25:41	
DSQ	88	paul connolly	IRL - Naas triathlon	1:17:35	50	43:25	6:16	31	0:35:59	1	66.71	5:06	20	0:18:06	1	1:48	2:23:00	0:31:32	

Olympic Individual: Men 40-44 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	73	Paul Tanner	IRL - kenmare	0:10:01	1	13:21	4:21	1	1:05:50	2	36.46	4:23	2	0:36:29	3	3:38	2:01:02		
2	51	Padraig Cooke	IRL	0:13:13	6	17:36	5:09	5	1:01:10	1	39.24	4:58	9	0:40:14	9	4:01	2:04:41	0:03:39	
3	167	peter payton	IRL	0:11:06	2	14:47	6:01	10	1:08:43	7	34.93	4:55	8	0:36:19	2	3:37	2:07:03	0:06:01	
4	66	Robert Whyte	IRL - Kenmare	0:14:00	10	18:39	4:56	2	1:06:39	5	36.01	4:52	7	0:37:10	5	3:42	2:07:35	0:06:33	
5	122	john logan	IRL - schull triathlon club	0:13:45	7	18:18	5:09	4	1:07:38	6	35.49	4:33	4	0:36:33	4	3:39	2:07:36	0:06:34	
6	114	Patrick McDermott	IRL	0:12:49	4	17:05	5:00	3	1:11:24	11	33.62	3:58	1	0:35:40	1	3:33	2:08:49	0:07:47	
7	182	alan hardy	IRL	0:13:05	5	17:26	5:24	7	1:14:59	16	32.01	4:24	3	0:37:45	7	3:46	2:15:36	0:14:34	
8	79	Mark Stanley	IRL - None	0:13:52	9	18:29	5:24	6	1:11:33	12	33.55	4:42	6	0:41:02	10	4:06	2:16:31	0:15:29	
9	152	Derek Stenson	IRL	0:14:33	13	19:22	6:33	16	1:05:51	3	36.45	5:33	13	0:44:12	15	4:25	2:16:39	0:15:37	
10	65	marcus boland	IRL - ATHLONE	0:13:46	8	18:21	5:50	9	1:11:16	10	33.68	4:35	5	0:41:41	11	4:10	2:17:07	0:16:05	
11	130	Robert Duggan	IRL - Carrick Tri Club	0:14:46	14	19:41	6:24	14	1:14:02	15	32.42	5:15	11	0:37:36	6	3:45	2:18:02	0:17:00	
12	189	Sean Kelleher	IRL	0:16:36	18	22:07	5:47	8	1:10:41	9	33.96	6:19	17	0:39:30	8	3:56	2:18:51	0:17:49	
13	86	Seamus Lynch	IRL - Limerick Tri Club	0:15:09	17	20:11	6:09	11	1:10:31	8	34.04	6:17	16	0:41:47	12	4:10	2:19:51	0:18:49	
14	171	john staunton	IRL - Piranha	0:12:42	3	16:55	6:24	13	1:13:28	14	32.67	5:25	12	0:44:27	16	4:26	2:22:23	0:21:21	
15	199	gavin fraser	IRL - trivw	0:14:22	12	19:08	6:26	15	1:11:48	13	33.43	6:20	18	0:47:29	17	4:44	2:26:23	0:25:21	
16	105	Shane Kelly	IRL - Midland Tri	0:14:57	15	19:54	6:16	12	1:17:38	17	30.92	5:00	10	0:43:01	14	4:18	2:26:50	0:25:48	
17	299	David Murphy	IRL - Trilogy	0:15:08	16	20:10	6:37	18	1:06:33	4	36.07	5:39	14	0:54:04	20	5:24	2:28:00	0:26:58	
18	58	mark simpson	IRL	0:14:06	11	18:48	8:29	19	1:18:36	18	30.54	7:15	19	0:42:55	13	4:17	2:31:20	0:30:18	
19	61	Andrew Butler	IRL	0:17:03	19	22:42	6:36	17	1:21:46	19	29.35	6:10	15	0:50:08	18	5:00	2:41:41	0:40:39	
20	136	Brian McClean	IRL	0:18:27	20	24:35	9:36	20	1:24:33	20	28.39	9:34	20	0:51:36	19	5:09	2:53:45	0:52:43	
DNF	116	John Hanley	IRL - Sligo		0			0		0			0		0				
DNF	53	Emmet O'Brien	IRL - Naas Tri Club		0			0		0			0		0				
DNF	67	brendan kenny	IRL - Wicklow		0			0		0			0		0				
DNF	69	Ronan Bracken	IRL - Midland Triathlon Club		0			0		0			0		0				
DNF	87	Jarlath Naughton	IRL - Athlone Triathlon Club		0			0		0			0		0				
DNF	82	Brendan McCarthy	IRL - na		0			0		0			0		0				
DNF	181	Ciaran Flanagan	IRL		0			0		0			0		0				
DNF	278	Ed Crotty	IRL - T3		0			0		0			0		0				

Olympic Individual: Men 45-49 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	185	Marcus Allen	IRL - Liquid Motion	0:13:15	6	17:39	4:27	1	1:02:33	3	38.38	4:31	2	0:36:34	5	3:39	2:01:18		
2	93	Jim Maguire	IRL - Athlone	0:14:20	10	19:06	5:46	7	1:00:59	2	39.36	4:32	3	0:37:23	7	3:44	2:02:58	0:01:40	
3	68	Colm Butler	IRL - Naas Triathlon	0:12:25	2	16:32	4:41	2	1:08:46	9	34.90	4:38	4	0:35:57	3	3:35	2:06:25	0:05:07	
4	128	paul brown	GBR	0:13:46	9	18:21	5:03	3	1:06:50	5	35.92	5:04	7	0:36:44	6	3:40	2:07:25	0:06:07	
5	251	john o connell	IRL - midlands	0:13:23	7	17:49	5:16	4	1:06:19	4	36.20	4:27	1	0:41:08	11	4:06	2:10:30	0:09:12	
6	89	Jim Furlong	IRL - Racing795	0:12:40	3	16:52	5:41	5	1:08:07	8	35.23	4:50	5	0:39:40	8	3:57	2:10:56	0:09:38	
7	52	Nick Nally	IRL - Tri an Mhi	0:13:05	5	17:26	5:43	6	1:08:00	7	35.30	4:58	6	0:41:03	10	4:06	2:12:47	0:11:29	
8	164	sean court	IRL	0:12:03	1	16:03	7:17	12	1:07:21	6	35.64	7:33	14	0:40:47	9	4:04	2:15:00	0:13:42	
9	233	Jim Schofield	IRL	0:16:22	13	21:49	6:08	8	1:15:10	10	31.93	6:13	13	0:35:57	4	3:35	2:19:49	0:18:31	
10	255	Niall Melvin	IRL - Sligo	0:12:44	4	16:58	6:10	9	1:20:41	12	29.75	5:10	9	0:35:23	2	3:32	2:20:07	0:18:49	
11	1998	Ann Lewis	IRL	0:13:40	8	18:12	6:55	10	1:17:58	11	30.79	5:04	8	0:47:02	13	4:42	2:30:37	0:29:19	
12	225	john burke	IRL - 3rock triathlon club	0:14:58	11	19:56	8:38	15	1:21:56	13	29.30	5:59	11	0:45:54	12	4:35	2:37:23	0:36:05	
13	54	sean kelly	IRL - wicklow	0:15:04	12	20:04	7:58	14	1:22:33	14	29.08	6:03	12	0:48:27	14	4:50	2:40:02	0:38:44	
DNF	29	James Bodels	IRL - Racing 795	0:16:53	14	22:30	7:04	11		0			0		0				0:23:57
DNF	84	t t	IRL - Racing 795		0			0		0			0		0				
DNF	297	Padraig Crossan	IRL - Trilogy		0			0		0			0		0				
DNF	150	Laserian Lacey	IRL		0			0		0			0		0				
DSQ	250	Colm O'Grady	IRL	0:54:52	15	13:08	7:32	13	0:48:23	1	49.61	5:53	10	0:23:07	1	2:18	2:19:44	0:18:26	

TriAthlone 2009

Results: Categories

Olympic Individual: Men 50-54 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	169	gerry devaney	IRL - liquid motion	0:14:50	3	19:45	6:15	1	1:05:32	1	36.63	4:56	1	0:36:42	1	3:40	2:08:13		
2	151	Alan Smeaton	IRL	0:14:06	2	18:47	7:03	2	1:13:39	2	32.59	5:31	2	0:40:06	2	4:00	2:20:23	0:12:10	
3	18	Fintan Keegan	IRL	0:13:11	1	17:33	7:08	3	1:16:32	3	31.36	7:25	3	0:44:54	3	4:29	2:29:07	0:20:54	
DNF	254	Joe Waters	IRL		0			0		0			0		0				
DNF	271	michael hunter	GBR		0			0		0			0		0				
DNF	127	Michael Lait	IRL		0			0		0			0		0				

Olympic Individual: Men 55-59 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	274	vincent clohisey	IRL - hole in the wall	0:13:52	4	18:28	5:39	2	1:11:30	3	33.57	5:14	2	0:36:00	1	3:35	2:12:13		
2	125	John Farrell	GER	0:12:38	1	16:50	5:39	1	1:09:48	2	34.38	4:50	1	0:40:55	2	4:05	2:13:48	0:01:35	
3	202	Michael Griffin	IRL - limerick	0:14:27	5	19:15	6:35	4	1:09:31	1	34.53	5:33	3	0:41:45	4	4:10	2:17:49	0:05:36	
4	78	Mike Sava	USA - USA Triathlon	0:13:35	3	18:05	6:01	3	1:13:07	5	32.83	5:49	5	0:41:23	3	4:08	2:19:52	0:07:39	
5	31	Thomas E O Donnell	IRL	0:12:43	2	16:56	6:38	5	1:11:34	4	33.54	5:44	4	0:44:43	5	4:28	2:21:20	0:09:07	
6	207	paul evans	IRL	0:14:55	6	19:52	7:32	6	1:17:14	6	31.08	7:28	6	0:49:09	6	4:54	2:36:15	0:24:02	

Sprint Individual: Women 16-19 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	301	Laura Casey	GBR - None	0:09:13	1	12:16	3:41	1	0:40:57	2	29.31	3:53	1	0:18:41	1	3:44	1:16:23		
2	302	Ailbhe Carroll	IRL - Nenagh	0:09:58	2	13:16	4:32	2	0:40:19	1	29.77	4:24	2	0:21:31	2	4:18	1:20:41	0:04:18	

Sprint Individual: Women 20-24 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	321	Kelly-Anne Speight	GBR - Dundee Uni Tri Club	0:11:20	5	15:06	4:31	2	0:40:42	2	29.49	4:11	2	0:17:44	2	3:32	1:18:26		
2	304	Ellen Vitting	IRL - Kenmare	0:10:34	2	14:04	5:09	5	0:38:44	1	30.98	4:38	8	0:20:23	8	4:04	1:19:26	0:01:00	
3	307	Sinéad Roche	IRL - Midlands Triathlon Club	0:10:36	3	14:07	4:20	1	0:42:45	5	28.08	4:00	1	0:18:50	3	3:45	1:20:28	0:02:02	
4	314	Sarah Mescall	IRL - Midlands Triathlon Club	0:11:34	7	15:24	5:04	4	0:43:42	10	27.46	4:32	7	0:18:54	4	3:46	1:23:43	0:05:17	
5	2004	Andrew Logan	IRL	0:11:24	6	15:12	5:53	8	0:41:52	4	28.67	4:48	9	0:20:14	7	4:02	1:24:10	0:05:44	
6	322	Kristin Riall	IRL - Galway Tri Club	0:12:24	10	16:31	4:41	3	0:41:38	3	28.82	5:18	12	0:22:22	12	4:28	1:26:21	0:07:55	
7	316	Aoibheann O'Brien	IRL	0:11:59	8	15:58	6:23	11	0:43:10	7	27.80	4:26	5	0:20:49	10	4:09	1:26:46	0:08:20	
8	311	Katalin Zag	IRL - TRICW	0:14:09	14	18:50	5:37	7	0:43:12	8	27.78	4:13	3	0:20:31	9	4:06	1:27:41	0:09:15	
9	2003	Clara Cole-hawthorne	IRL	0:12:19	9	16:25	6:34	14	0:43:02	6	27.89	6:23	17	0:19:52	5	3:58	1:28:09	0:09:43	
10	313	Emma Bamford	GBR - Olympian Triathlon Club	0:11:00	4	14:39	5:31	6	0:43:42	9	27.46	5:19	13	0:24:19	14	4:51	1:29:50	0:11:24	
11	319	Lisa McMahon	IRL - Defence Forces	0:15:26	17	20:34	6:25	12	0:44:09	11	27.18	4:29	6	0:20:00	6	3:59	1:30:27	0:12:01	
12	308	Doireann Barnicle	IRL	0:10:09	1	13:31	5:59	9	0:44:10	12	27.17	5:28	15	0:26:33	16	5:18	1:32:17	0:13:51	
13	317	Deirdre Newell	IRL - DFTA	0:12:36	11	16:47	6:04	10	0:46:54	14	25.59	4:56	10	0:24:19	15	4:51	1:34:48	0:16:22	
14	312	Maeve Corbett	GBR	0:13:04	13	17:24	7:00	15	0:47:11	15	25.43	5:03	11	0:22:38	13	4:31	1:34:54	0:16:28	
15	310	Eva Grace	IRL	0:14:51	16	19:47	6:30	13	0:55:37	17	21.58	4:24	4	0:17:34	1	3:30	1:38:54	0:20:28	
16	306	Emma Breen	IRL	0:12:51	12	17:07	7:26	17	0:46:52	13	25.61	5:34	16	0:28:15	18	5:38	1:40:57	0:22:31	
17	315	Susan Gleeson	IRL	0:18:20	18	24:25	8:49	18	0:57:27	18	20.89	7:18	18	0:22:03	11	4:24	1:53:55	0:35:29	
18	309	Claire Hawkins	IRL	0:14:40	15	19:33	9:11	19	1:00:40	19	19.78	8:00	19	0:29:02	19	5:48	2:01:31	0:43:05	
19	320	Jean Costello	IRL - none	0:29:17	19	39:02	7:04	16	0:53:04	16	22.61	5:23	14	0:26:59	17	5:23	2:01:44	0:43:18	
DNF	305	Claire Wallace	IRL		0			0		0			0		0				
DNF	318	Iara Bailey	IRL		0			0		0			0		0				
DNF	323	Meghan Doorley	IRL		0			0		0			0		0				
DNF	303	Aisling Mulligan	IRL		0			0		0			0		0				

Sprint Individual: Women 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	364	Amy Wolfe	IRL - ctc	0:09:09	1	12:12	4:07	3	0:36:59	1	32.45	3:49	1	0:17:59	7	3:35	1:12:02		
2	369	Elizabeth Lee	IRL - Cork	0:10:24	6	13:51	4:02	2	0:39:19	3	30.53	3:51	2	0:17:04	6	3:24	1:14:37	0:02:35	
3	463	Lynne Algar	IRL - Limerick	0:09:57	3	13:15	3:54	1	0:38:54	2	30.86	3:59	4	0:18:18	10	3:39	1:14:59	0:02:57	
4	406	catherine brown	IRL - carrick on suir	0:09:56	2	13:14	4:50	8	0:39:45	5	30.20	4:34	17	0:19:54	14	3:58	1:18:56	0:06:54	
5	440	Tara Whyte	IRL	0:11:48	21	15:42	5:10	17	0:39:34	4	30.33	4:31	14	0:18:01	8	3:36	1:19:02	0:07:00	
6	358	Pauline Griffin	IRL - Belpark	0:11:15	10	14:58	4:44	5	0:40:12	6	29.86	3:58	3	0:19:17	11	3:51	1:19:24	0:07:22	
7	405	Brianne Mulvihill	IRL - Carrick-on-Suir	0:10:06	5	13:27	4:38	4	0:41:54	16	28.64	4:12	5	0:19:20	12	3:51	1:20:09	0:08:07	
8	350	Rachel Glendon	IRL	0:10:37	7	14:09	4:45	6	0:41:13	12	29.12	4:26	8	0:20:24	22	4:04	1:21:23	0:09:21	
9	342	karina teahan	IRL - cork	0:12:02	26	16:02	5:48	25	0:41:17	13	29.08	4:15	7	0:18:14	9	3:38	1:21:33	0:09:31	
10	382	Ellen Murphy	IRL - Belpark	0:11:56	24	15:54	4:50	7	0:40:31	7	29.62	4:28	11	0:20:54	29	4:10	1:22:38	0:10:36	
11	351	Laura Keane	IRL - DFTA	0:11:41	14	15:33	5:02	13	0:41:10	11	29.15	4:38	19	0:20:12	18	4:02	1:22:40	0:10:38	
12	398	Emma Grenham	IRL	0:11:16	11	15:00	5:16	18	0:43:31	28	27.58	4:28	12	0:19:27	13	3:53	1:23:56	0:11:54	

TriAthlone 2009

Results: Categories

Sprint Individual: Women 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
75	397	Emily O'Halloran	IRL	0:14:57	79	19:54	8:45	97	0:50:26	73	23.80	6:41	100	0:24:21	70	4:52	1:45:09	0:33:07	
76	362	Christine Becker	IRL	0:14:58	81	19:56	7:04	65	0:53:00	91	22.64	5:36	61	0:24:33	75	4:54	1:45:09	0:33:07	
77	392	Brenda Kearney	IRL	0:11:51	23	15:47	6:17	39	0:58:19	109	20.58	4:49	28	0:24:09	66	4:49	1:45:23	0:33:21	
78	403	helen caulfield	IRL	0:13:02	46	17:21	7:07	67	0:54:02	96	22.21	5:59	82	0:25:18	83	5:03	1:45:25	0:33:23	
79	460	Fiona Grehan	IRL	0:14:55	78	19:52	8:29	95	0:52:09	85	23.01	5:54	77	0:24:25	73	4:52	1:45:49	0:33:47	
80	456	Ann Doyle	IRL	0:15:34	89	20:44	7:43	80	0:54:39	99	21.96	5:36	62	0:23:44	59	4:44	1:47:14	0:35:12	
81	329	Louise Costello	IRL	0:17:50	101	23:46	7:01	64	0:52:58	89	22.66	5:02	43	0:24:45	77	4:56	1:47:34	0:35:32	
82	439	fiona kelly	IRL - Athlone	0:11:10	9	14:52	6:57	62	0:54:09	97	22.16	7:07	106	0:28:32	106	5:42	1:47:53	0:35:51	
83	2000	Karen Jennings	IRL	0:28:14	111	37:38	6:44	56	0:45:09	40	26.58	4:58	37	0:23:00	45	4:35	1:48:03	0:36:01	
84	409	pamela fagan	IRL	0:15:45	91	20:58	8:25	94	0:52:22	87	22.92	6:09	86	0:25:24	85	5:04	1:48:03	0:36:01	
85	464	Tracy Churchill	IRL	0:14:36	74	19:27	7:18	70	0:54:49	100	21.90	6:16	90	0:26:03	92	5:12	1:49:00	0:36:58	
86	424	Helena Kenny	IRL		0		24:57	113	0:50:26	74	23.79	6:23	92	0:26:24	95	5:16	1:49:20	0:37:18	
87	449	Niamh Power	IRL	0:14:38	75	19:30	7:05	66	0:56:16	102	21.33	5:41	67	0:27:56	104	5:35	1:51:35	0:39:33	
88	408	Dee Clarkin	IRL - Pulse	0:26:48	108	35:43	7:18	71	0:47:37	56	25.20	5:30	59	0:24:52	79	4:58	1:52:04	0:40:02	
89	431	karen fildes	IRL	0:12:58	43	17:16	9:39	104	0:53:02	93	22.63	7:18	108	0:29:24	109	5:52	1:52:19	0:40:17	
90	445	Mairead Finn	IRL	0:16:14	95	21:37	9:03	101	0:51:18	80	23.39	8:28	111	0:27:39	101	5:31	1:52:40	0:40:38	
91	438	Sara Eaton	IRL	0:14:28	72	19:16	7:33	77	1:01:47	110	19.42	5:35	60	0:23:21	52	4:40	1:52:43	0:40:41	
92	407	Rosann Deegan	IRL	0:27:56	110	37:14	8:06	88	0:47:39	57	25.19	4:59	41	0:24:08	65	4:49	1:52:46	0:40:44	
93	326	Jacinta Moore	IRL	0:15:36	90	20:46	8:54	100	0:52:59	90	22.65	7:04	105	0:29:24	110	5:52	1:53:55	0:41:53	
94	197	Mairead Brennan	IRL	0:16:03	93	21:23	7:53	85	0:56:26	103	21.27	6:33	98	0:27:15	99	5:26	1:54:09	0:42:07	
95	444	Iorraine gallagher	IRL	0:13:49	60	18:24	10:14	108	0:58:16	108	20.60	6:00	83	0:26:20	94	5:15	1:54:37	0:42:35	
96	372	Helen Gubbins	IRL	0:16:10	94	21:32	6:37	49	1:02:20	111	19.25	6:10	87	0:23:31	54	4:42	1:54:47	0:42:45	
97	413	Aisling Brogan	IRL - None	0:18:18	102	24:23	8:16	91	0:54:14	98	22.13	6:24	93	0:28:04	105	5:36	1:55:14	0:43:12	
98	399	Mary Mulhall	IRL	0:22:28	106	29:57	8:48	98	0:50:39	75	23.70	6:31	95	0:27:19	100	5:27	1:55:44	0:43:42	
99	328	PATRICIA JOHNSON	IRL	0:13:38	58	18:10	11:31	110	0:57:40	105	20.81	7:09	107	0:26:26	96	5:17	1:56:23	0:44:21	
100	379	breda smyth	IRL	0:15:32	87	20:42	9:30	103	0:48:27	63	24.77	7:27	109	0:36:31	113	7:18	1:57:25	0:45:23	
101	410	Deirdre Finneran	IRL - Athlone Triathlon Club	0:12:10	29	16:12	12:47	111	0:51:33	82	23.28	10:48	113	0:30:49	112	6:09	1:58:05	0:46:03	
102	340	Anita Flanagan	IRL	0:16:47	97	22:21	12:55	112	0:52:40	88	22.79	9:58	112	0:25:51	88	5:10	1:58:09	0:46:07	
103	442	Triona Ryan	IRL	0:13:05	49	17:26	10:00	107	0:58:10	107	20.64	7:00	104	0:30:08	111	6:01	1:58:21	0:46:19	
104	396	Orla Quinn	IRL	0:20:59	105	27:57	10:46	109	0:54:56	101	21.85	6:41	99	0:27:53	103	5:34	2:01:13	0:49:11	
105	377	Deirdre Henn	IRL	0:12:59	45	17:18	9:23	102	1:10:16	112	17.08	8:02	110	0:26:49	97	5:21	2:07:26	0:55:24	
106	426	Aoife Healy	IRL	0:18:40	103	24:53	9:46	106	1:12:14	113	16.62	6:49	103	0:29:13	107	5:50	2:16:41	1:04:39	
107	446	Emma Carey	IRL	2:00:14	112	40:18	8:52	99	0:53:12	94	22.56	6:25	94	0:24:56	80	4:59	3:33:36	2:21:34	
DNF	443	Eithne O'Riordan	IRL	0				0	0				0		0				
DNF	457	Rebecca McLaughlin	IRL	0				0	0				0		0				
DNF	454	Rebecca Oglesby	IRL - none	0				0	0				0		0				
DNF	455	Aine Flynn	IRL	0				0	0				0		0				
DNF	428	theresa heffernan	IRL	0				0	0				0		0				
DNF	441	Aine Gallagher	IRL	0				0	0				0		0				
DNF	433	Allison Clarke	IRL	0				0	0				0		0				
DNF	435	Evelyn Balfe	IRL	0				0	0				0		0				
DNF	462	eimear o'connor	IRL	0				0	0				0		0				
DNF	375	Amanda Rhynehart	IRL	0				0	0				0		0				
DNF	387	Jean Smullen	IRL	0				0	0				0		0				
DNF	384	Martina Duignan	IRL - none	0				0	0				0		0				
DNF	363	Kate Coleman	IRL - Waterford Triathlon Club	0				0	0				0		0				
DNF	365	Isobel Sadleir	IRL - 3dtri	0				0	0				0		0				
DNF	370	Orla Mc Adam	IRL - Setanta	0				0	0				0		0				
DNF	371	Rita O'Connor	IRL	0				0	0				0		0				
DNF	394	Annick O'Brien	IRL	0				0	0				0		0				
DNF	395	Paula McGowan	IRL	0				0	0				0		0				
DNF	400	Sara English	IRL - liquid motion	0				0	0				0		0				
DNF	404	Catherine Margaret Murphy	IRL	0				0	0				0		0				
DNF	422	Neassa O'Malley	IRL	0				0	0				0		0				
DNF	423	Jasita Laloo	IRL	0				0	0				0		0				
DNF	418	Catherine Ginty	IRL	0				0	0				0		0				
DNF	327	Ruth Lynch	IRL - Galway Triathlon Club	0				0	0				0		0				
DNF	334	Jill O Halloran	IRL	0				0	0				0		0				
DNF	336	maeve lynch	IRL - galway triathlon club	0				0	0				0		0				
DNF	337	Emma Pillion	IRL - none	0				0	0				0		0				
DNF	338	Mary Foley	IRL	0				0	0				0		0				
DNF	330	Clare Lawson	IRL	0				0	0				0		0				

TriAthlone 2009

Results: Categories

Sprint Individual: Women 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
114	587	Caroline Walsh	IRL	1:57:15	117	36:18	8:40	104	0:52:55	96	22.68	6:41	100	0:23:23	64	4:40	3:28:52	2:18:09	
DNF	605	Loraine Burke	IRL	0:14:04	65	18:44	8:31	102	0:55:18	107	21.70	5:36	78		0				1:23:28
DNF	516	teresa mulroe	IRL - QUBTRI	0:12:20	30	16:26	5:03	14		0				0	0				0:17:22
DNF	517	Anne Duffy	GBR - n/a		0			0		0				0	0				
DNF	518	olwen daly	IRL		0			0		0				0	0				
DNF	521	Vanessa Coffey	IRL		0			0		0				0	0				
DNF	522	Mary Kehoe	IRL - MSC Tri		0			0		0				0	0				
DNF	528	claire Hudson	IRL - wicklow		0			0		0				0	0				
DNF	502	Anne-Maria McCarthy	IRL		0			0		0				0	0				
DNF	499	Deirdre Murphy	IRL		0			0		0				0	0				
DNF	504	Jenny Maybury	IRL - 3D		0			0		0				0	0				
DNF	511	Leona Flynn	IRL		0			0		0				0	0				
DNF	552	Joanne O'Grady	IRL		0			0		0				0	0				
DNF	560	Jacqueline O' Connor	IRL - Lough Key		0			0		0				0	0				
DNF	548	April Burrell	IRL		0			0		0				0	0				
DNF	549	Colleen Sullivan	IRL - none		0			0		0				0	0				
DNF	539	Noelle Doody	IRL - Piranha		0			0		0				0	0				
DNF	540	Sinead Costello	IRL		0			0		0				0	0				
DNF	541	Sine Murphy	IRL - Wicklow Triathlon Club		0			0		0				0	0				
DNF	542	Anne-Marie Hoyne	IRL		0			0		0				0	0				
DNF	535	Karen Robinson	IRL - DFTA		0			0		0				0	0				
DNF	536	Aoife Ahern	IRL		0			0		0				0	0				
DNF	530	Hanna Kickham	IRL		0			0		0				0	0				
DNF	531	Sharon Somers	IRL - Pulse		0			0		0				0	0				
DNF	488	Lucy Gubbins	IRL		0			0		0				0	0				
DNF	489	eithne lennon	IRL - 3d		0			0		0				0	0				
DNF	473	Maria Mulvany	IRL - 3Dtri		0			0		0				0	0				
DNF	471	Miriam Ryan	IRL -		0			0		0				0	0				
DNF	606	yvette monahan	IRL		0			0		0				0	0				
DNF	613	Marie O'Brien	IRL		0			0		0				0	0				
DNF	589	Rebecca Breslin	IRL		0			0		0				0	0				
DNF	566	Michelle Moran	IRL - n/a		0			0		0				0	0				
DNF	576	Pauline Fallon	IRL - Athlone		0			0		0				0	0				
DNF	579	Linda Delaney	IRL		0			0		0				0	0				
DSQ	557	Teresa Brennan	IRL - Pulse		0		14:47	117	0:43:19	28	27.71	4:27	15	0:21:14	25	4:14	1:10:46	0:00:03	
DSQ	561	Melissa Rance	IRL	0:14:28	70	19:16	9:49	108	0:56:48	110	21.13	7:54	111	0:18:33	6	3:42	1:47:30	0:36:47	
DSQ	568	Mary Donnelly	IRL	0:16:49	97	22:24	10:30	111	1:08:00	115	17.65	9:43	115	0:19:10	9	3:50	2:04:11	0:53:28	
DSQ	482	Bernadette Quigley	IRL	0:18:38	105	24:49	13:23	113	1:16:24	116	15.71	8:49	114	0:17:14	2	3:26	2:14:25	1:03:42	

Sprint Individual: Women 35-39 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	647	Fionnuala Ni Bhraidaigh	IRL - 3 Rock Tri	0:12:55	14	17:12	5:23	7	0:38:32	1	31.15	4:07	1	0:19:00	4	3:47	1:19:55		
2	639	margaret kelly	IRL - 24/7 Triathlon club	0:11:58	8	15:56	4:33	1	0:41:18	4	29.07	4:15	2	0:18:43	3	3:44	1:20:45	0:00:50	
3	620	Noelle Mc Donald	IRL - Piranha	0:10:37	2	14:09	4:52	3	0:41:42	6	28.78	4:22	4	0:20:14	7	4:02	1:21:45	0:01:50	
4	638	Deirdre Kearney	IRL - Limerick	0:09:28	1	12:36	4:45	2	0:43:45	12	27.44	4:40	8	0:20:58	13	4:11	1:23:32	0:03:37	
5	618	Elaine Marsden	IRL - Pulse	0:12:17	11	16:21	5:05	4	0:41:16	3	29.09	4:53	11	0:20:53	12	4:10	1:24:21	0:04:26	
6	630	Breda Daly	IRL	0:11:53	6	15:50	5:14	6	0:40:56	2	29.32	4:45	10	0:21:53	14	4:22	1:24:39	0:04:44	
7	623	Tania Finn	IRL - 3D	0:11:59	9	15:58	5:29	8	0:41:34	5	28.87	5:24	18	0:20:25	8	4:04	1:24:50	0:04:55	
8	645	mary dunne	IRL - liquid motion		0			0		0			0	10:39:10	50	7:50	1:26:10	0:06:15	
9	619	Helen Dixon	IRL - Pulse Triathlon	0:13:24	21	17:50	5:13	5	0:43:26	11	27.64	4:30	7	0:20:40	10	4:07	1:27:10	0:07:15	
10	665	Geraldine O'Shea	IRL - Piranha	0:11:57	7	15:55	5:30	9	0:42:41	8	28.12	4:43	9	0:23:10	21	4:37	1:27:59	0:08:04	
11	661	Gabrielle Dillon	IRL - Wicklow Triathlon Club	0:11:42	5	15:34	5:39	10	0:41:47	7	28.72	5:22	16	0:25:14	38	5:02	1:29:42	0:09:47	
12	646	Helen French	IRL	0:13:30	23	17:59	6:14	17	0:45:47	20	26.22	4:20	3	0:20:08	6	4:01	1:29:57	0:10:02	
13	625	Miriam Byrne	IRL - Galway	0:13:11	16	17:34	5:40	11	0:45:39	18	26.29	5:05	13	0:20:45	11	4:08	1:30:18	0:10:23	
14	2340	aisling flanagan	IRL	0:12:05	10	16:05	6:34	22	0:45:39	19	26.29	5:36	22	0:22:00	16	4:23	1:31:52	0:11:57	
15	663	mary ward	IRL - pulse	0:13:37	24	18:08	5:48	14	0:43:16	10	27.74	5:19	15	0:23:55	29	4:46	1:31:53	0:11:58	
16	669	catherine johnson	IRL - Pulse	0:13:52	28	18:29	6:09	15	0:43:50	13	27.38	5:03	12	0:23:38	26	4:43	1:32:32	0:12:37	
17	628	jane oneill	IRL - wicklow	0:13:44	25	18:18	6:14	16	0:46:09	21	26.00	5:39	23	0:21:55	15	4:22	1:33:40	0:13:45	
18	641	Helen Whyte	IRL - Waterford Triathlon Club	0:15:25	37	20:32	6:47	24	0:44:24	15	27.03	5:29	20	0:22:17	17	4:27	1:34:20	0:14:25	
19	651	roisin brady	IRL	0:14:52	34	19:49	6:33	21	0:44:20	14	27.07	5:36	21	0:23:28	23	4:41	1:34:47	0:14:52	
20	637	mary mc inerney	IRL	0:13:50	27	18:26	9:54	46	0:47:44	24	25.15	4:27	6	0:19:01	5	3:48	1:34:54	0:14:59	
21	624	Niamh Mullen	IRL	0:15:01	36	20:01	6:38	23	0:44:57	16	26.70	5:41	25	0:22:50	18	4:33	1:35:05	0:15:10	

TriAthlone 2009

Results: Categories

Sprint Individual: Women 40-44 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
21	700	mary morgan	IRL	0:16:28	20	21:56	10:40	21	0:58:47	21	20.42	8:08	22	0:31:41	21	6:20	2:05:42	0:46:43	
22	689	michele reynolds	IRL - liquid motion	1:53:52	23	31:49	7:24	16	0:45:00	8	26.68	5:12	7	0:21:29	5	4:17	3:12:56	1:53:57	
DNF	690	Blanca Fernandez	IRL - Pulse	0:16:14	19	21:38	7:59	17	0:52:02	18	23.07		0		0				1:16:15
DNF	693	Miriam Delahunt	IRL - Trinity (Dublin Univers.)		0			0		0			0		0				
DNF	694	Jackie McCann	IRL		0			0		0			0		0				
DNF	703	Miriam Geaney	IRL - Trilogy		0			0		0			0		0				
DNF	704	Sandra Furney	IRL - Trilogy		0			0		0			0		0				
DNF	697	una griffin	IRL		0			0		0			0		0				
DNF	685	eleanor sullivan	IRL		0			0		0			0		0				

Sprint Individual: Women 45-49 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	709	Vera McCool	IRL	0:13:50	10	18:26	4:32	1	0:38:38	2	31.07	4:26	1	0:18:57	1	3:47	1:20:22		
2	718	Caron Mullen	IRL - T3	0:12:34	5	16:44	5:53	3	0:37:31	1	31.99	4:38	3	0:20:26	3	4:05	1:21:01	0:00:39	
3	722	Eimear Mathews	IRL - Trilogy	0:12:20	4	16:26	6:16	5	0:42:06	3	28.51	4:27	2	0:19:52	2	3:58	1:24:58	0:04:36	
4	708	Marie Brady	IRL - none	0:12:13	3	16:16	5:31	2	0:43:30	5	27.59	5:21	5	0:21:38	5	4:19	1:28:12	0:07:50	
5	715	nuala daly	IRL - midland tri	0:12:37	6	16:48	6:05	4	0:43:39	6	27.50	5:16	4	0:21:33	4	4:18	1:29:07	0:08:45	
6	711	vivienne conlon	IRL	0:11:48	1	15:43	6:26	7	0:42:52	4	28.00	5:28	7	0:25:09	8	5:01	1:31:43	0:11:21	
7	706	mary barrett	IRL	0:12:04	2	16:04	6:22	6	0:45:42	7	26.27	5:45	8	0:24:05	6	4:48	1:33:56	0:13:34	
8	716	mary O'Donoghue	IRL - Athenry Preditors	0:13:26	7	17:53	6:55	8	0:51:28	8	23.32	6:41	10	0:25:53	10	5:10	1:44:21	0:23:59	
9	719	christine feely	IRL	0:13:48	9	18:24	8:52	11	0:52:41	10	22.78	5:24	6	0:26:07	11	5:13	1:46:50	0:26:28	
10	712	Evelyn Boyd	IRL	0:15:18	12	20:23	8:47	10	0:51:43	9	23.20	7:00	11	0:26:27	12	5:17	1:49:14	0:28:52	
11	705	Michelle McNicholas	IRL	0:13:38	8	18:09	9:50	12	1:07:49	15	17.70	6:02	9	0:24:11	7	4:50	2:01:28	0:41:06	
12	713	Carmel Walsh	IRL	0:14:40	11	19:32	8:32	9	1:04:58	13	18.48	7:45	13	0:33:06	15	6:37	2:08:59	0:48:37	
13	714	Joanna McInerney	IRL - Day licence	0:16:38	13	22:10	11:08	13	1:05:36	14	18.30	7:17	12	0:31:11	14	6:14	2:11:49	0:51:27	
14	721	Catherine McCarthy	IRL		0		43:43	15	0:53:29	11	22.44	11:27	14	0:25:47	9	5:09	3:01:25	1:41:03	
15	717	Fionnuala Lynch	IRL	2:06:51	14	49:07	22:54	14	0:59:58	12	20.01	11:38	15	0:29:57	13	5:59	4:11:16	2:50:54	
DNF	720	Linda Keers	GBR		0			0		0			0		0				
DNF	707	aideen allen	IRL		0			0		0			0		0				
DNF	710	ANNE MC GRANE	IRL		0			0		0			0		0				

Sprint Individual: Women 50-54 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	724	Trish Nicholls	IRL - Trilogy	0:11:39	2	15:31	5:50	1	0:41:46	1	28.74	5:09	1	0:22:17	1	4:27	1:26:38		
2	723	Heather Bamford	GBR - Olympian	0:11:38	1	15:30	6:33	2	0:44:23	2	27.04	5:40	2	0:22:17	2	4:27	1:30:30	0:03:52	
3	725	Claire Dineen	IRL	0:14:59	3	19:57	12:22	3	0:59:20	3	20.23	7:31	3	0:27:16	3	5:27	2:01:26	0:34:48	

Sprint Individual: Women 55-59 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	727	brigid mccabe	IRL - Midland Tri Club	0:13:25	1	17:52	5:15	1	0:40:49	1	29.41	4:36	1	0:19:53	1	3:58	1:23:55		
2	728	aine ni fhatharta	IRL	0:17:14	2	22:58	7:44	3	0:47:21	2	25.34	6:18	3	0:28:20	3	5:39	1:46:56	0:23:01	
3	729	Mary Fingleton	IRL - Trilogy	0:20:10	3	26:52	7:20	2	0:50:31	3	23.76	5:48	2	0:27:29	2	5:29	1:51:15	0:27:20	
DNF	726	Marian Purcell	IRL		0			0		0			0		0				

Sprint Individual: Women 60-64 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	730	annamay fitzsimons	IRL	0:16:42	1	22:14	10:52	1	1:03:58	1	18.76	7:44	1	0:30:13	1	6:02	2:09:27		

Sprint Individual: Men 14-15 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	743	Conor Rooney	IRL - Ennis	0:08:47	1	11:42	4:35	1	0:43:00	1	27.91	4:31	1	0:21:48	1	4:21	1:22:40		

Sprint Individual: Men 16-19 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	757	mike yelverton	IRL - limerick tri club	0:08:33	2	11:23	4:19	1	0:35:47	2	33.54	3:52	3	0:16:05	1	3:12	1:08:34		
2	745	James Brady	IRL - Liquid Motion	0:09:38	4	12:50	4:25	2	0:34:43	1	34.57	3:55	4	0:17:35	2	3:30	1:10:15	0:01:41	
3	748	david devaney	IRL	0:10:41	6	14:14	4:56	4	0:39:05	3	30.71	3:48	1	0:18:18	4	3:39	1:16:45	0:08:11	
4	752	dylan flynn	IRL	0:11:05	10	14:46	5:03	5	0:41:15	7	29.10	4:03	5	0:19:19	6	3:51	1:20:43	0:12:09	
5	754	Frank Carty	IRL - Athlone tri club	0:08:20	1	11:05	5:04	6	0:41:28	8	28.95	5:26	17	0:21:36	14	4:19	1:21:52	0:13:18	
6	762	Bill Fitzpatrick	IRL - Trilogy	0:13:03	15	17:22	4:53	3	0:41:32	9	28.89	3:49	2	0:18:47	5	3:45	1:22:03	0:13:29	

TriAthlone 2009

Results: Categories

Sprint Individual: Men 20-24 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
44	806	Colin Mulvey	IRL	0:13:33	42	18:03	7:11	44	0:47:15	40	25.40	5:28	41	0:24:17	47	4:51	1:37:42	0:33:54	
45	821	Gary Scott	IRL	0:13:52	44	18:28	6:51	41	0:50:01	45	23.99	6:30	49	0:26:17	51	5:15	1:43:29	0:39:41	
46	826	Ronan Waters	IRL	0:13:04	37	17:24	9:04	49	0:52:31	49	22.85	5:30	42	0:24:04	46	4:48	1:44:10	0:40:22	
47	822	niall kilcrann	IRL	0:16:42	49	22:14	9:26	50	0:50:13	46	23.90	4:57	31	0:22:59	41	4:35	1:44:14	0:40:26	
48	807	Colm Stacey	IRL	0:13:30	40	17:59	9:43	51	0:51:06	47	23.48	8:01	51	0:24:50	48	4:57	1:47:08	0:43:20	
49	790	Andrew Smith	IRL	0:28:44	50	38:17	6:58	43	0:48:40	43	24.66	5:08	37	0:23:02	42	4:36	1:52:29	0:48:41	
50	820	Craig Harding	IRL	1:51:38	52	28:50	5:23	24	0:43:55	32	27.33	4:59	32	0:20:17	30	4:03	3:06:10	2:02:22	
51	813	David Proctor	IRL	1:33:30	51	4:39	7:37	46	1:11:57	51	16.68	5:39	46	0:25:22	50	5:04	3:24:03	2:20:15	
DNF	793	Conor Devitt	IRL - TCD Tri	0:09:42	9	12:55		0		0			0		0			0:09:42	
DNF	794	Johnny FitzGerald	IRL		0			0		0			0		0				
DNF	791	Padraic Martin	IRL		0			0		0			0		0				
DNF	788	Richard Austin	IRL		0			0		0			0		0				
DNF	785	Michael Monaghan	IRL		0			0		0			0		0				
DNF	783	Joseph McKay	GBR - Queens University		0			0		0			0		0				
DNF	768	Matthew Kennefick	IRL		0			0		0			0		0				
DNF	814	Colm Turner	IRL - Limerick Tri Club		0			0		0			0		0				
DNF	803	Alexander Hart	IRL		0			0		0			0		0				
DNF	804	Christopher Kelly	IRL		0			0		0			0		0				
DNF	805	Joe O'Boyle	IRL - QUB		0			0		0			0		0				
DNF	816	Nigel Plummer	IRL		0			0		0			0		0				

Sprint Individual: Men 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	848	Tim Downing	IRL - TCD/3D	0:08:16	6	11:00	3:31	1	0:32:59	4	36.39	3:23	1	0:15:04	6	3:00	1:03:11		
2	1046	Bjorn Ludick	IRL - Wicklow Tri	0:07:53	2	10:30	3:40	3	0:33:20	5	36.01	3:43	12	0:15:37	10	3:07	1:04:11	0:01:00	
3	902	Mark Nolan	IRL - CTC	0:09:13	16	12:17	4:13	16	0:31:58	2	37.54	3:54	22	0:15:18	8	3:03	1:04:34	0:01:23	
4	1055	karl kildea	IRL - setanta	0:08:12	5	10:55	4:04	11	0:34:15	10	35.05	3:34	6	0:15:11	7	3:02	1:05:14	0:02:03	
5	892	Bryan McCrystal	IRL - Setanta	0:09:38	28	12:50	3:39	2	0:32:46	3	36.62	3:44	13	0:15:43	11	3:08	1:05:28	0:02:17	
6	1087	Wayne Reid	IRL - Athlone	0:08:27	7	11:15	3:45	4	0:35:17	18	34.02	3:24	3	0:14:44	5	2:56	1:05:35	0:02:24	
7	871	Darren Kelly	IRL - Wicklow	0:08:56	12	11:53	4:01	9	0:33:35	7	35.74	3:41	11	0:16:18	16	3:15	1:06:29	0:03:18	
8	925	ciaran o sullivan	IRL - 24-jul	0:08:32	8	11:22	3:48	6	0:34:38	13	34.65	3:39	8	0:16:05	13	3:12	1:06:39	0:03:28	
9	990	stephan teeling-lynch	IRL - limerick triathlon club	0:08:12	4	10:55	4:02	10	0:33:34	6	35.75	4:19	53	0:17:03	23	3:24	1:07:08	0:03:57	
10	915	Noel Kavanagh	IRL - wicklowtri	0:09:58	33	13:16	3:45	5	0:34:53	14	34.40	3:23	2	0:15:26	9	3:05	1:07:24	0:04:13	
11	846	Louis Kelleher	IRL	0:09:31	25	12:41	3:59	8	0:33:55	8	35.39	3:46	15	0:16:22	17	3:16	1:07:31	0:04:20	
12	1054	DONAL HARTE	IRL - PULSE	0:07:50	1	10:26	4:13	15	0:34:38	12	34.66	4:12	42	0:17:08	25	3:25	1:08:00	0:04:49	
13	862	Andrew Kavanagh	IRL - Wicklow	0:09:21	21	12:27	4:10	14	0:34:17	11	35.01	3:48	17	0:17:19	32	3:27	1:08:54	0:05:43	
14	995	darragh dunne	IRL - limerick tri	0:08:55	11	11:52	4:21	23	0:34:54	15	34.39	3:59	25	0:17:16	27	3:27	1:09:23	0:06:12	
15	874	Niall McAlinden	IRL - Trinity Triathlon Club	0:10:20	43	13:46	4:43	34	0:34:07	9	35.19	3:47	16	0:16:30	18	3:17	1:09:24	0:06:13	
16	1071	Matt Coughlan	IRL - Piranha Triathlon Club	0:08:41	9	11:34	4:57	40	0:35:12	17	34.10	3:50	19	0:16:55	21	3:22	1:09:33	0:06:22	
17	859	Michael O'Brien	IRL - Limerick	0:09:46	29	13:00	4:14	18	0:35:48	19	33.53	3:56	24	0:15:55	12	3:10	1:09:37	0:06:26	
18	905	Edward Brennan	IRL - Belpark	0:10:27	45	13:55	4:07	13	0:35:08	16	34.16	3:40	9	0:17:01	22	3:24	1:10:22	0:07:11	
19	1045	Mark O'Duffy	IRL - Galway Triathlon Club	0:09:18	19	12:23	4:33	29	0:35:48	20	33.53	4:02	30	0:16:53	20	3:22	1:10:32	0:07:21	
20	1048	Tadhg Cronin	IRL - Piranha Triathlon Club	0:09:24	23	12:31	4:59	45	0:36:36	22	32.80	4:02	31	0:16:33	19	3:18	1:11:32	0:08:21	
21	839	Carmel Duffy	IRL		0		6:48	217		0		13:12	217	0:25:27	212	5:05	1:12:18	0:09:07	0:40:28
22	1007	Fearghal Mulvihill	IRL - 3D Tri	0:08:44	10	11:38	4:18	21	0:38:38	37	31.07	3:37	7	0:17:18	31	3:27	1:12:34	0:09:23	
23	1064	john obrien	IRL - ennis tri	0:09:47	30	13:02	4:31	27	0:36:35	21	32.81	4:04	34	0:17:48	37	3:33	1:12:43	0:09:32	
24	1044	Jason Reid	NZL	0:09:35	26	12:46	4:04	12	0:39:22	52	30.49	3:45	14	0:16:06	14	3:13	1:12:50	0:09:39	
25	869	Gary Byrne	GBR	0:09:59	34	13:17	4:16	20	0:38:14	34	31.39	3:52	21	0:17:18	30	3:27	1:13:37	0:10:26	
26	1088	CARL RUSSELL	GBR	0:09:04	13	12:04	5:04	47	0:37:16	27	32.21	4:16	49	0:18:00	41	3:35	1:13:38	0:10:27	
27	95	barry gliffan	IRL	0:09:04	14	12:05	4:22	24	0:39:05	44	30.71	3:59	26	0:17:37	35	3:31	1:14:05	0:10:54	
28	881	Mark Jeffers	IRL	0:10:17	40	13:41	4:58	42	0:37:16	26	32.21	4:19	54	0:18:18	51	3:39	1:15:05	0:11:54	
29	1000	Colm Kennedy	IRL - Pulse	0:10:54	56	14:31	4:29	25	0:38:38	38	31.07	4:06	35	0:17:07	24	3:25	1:15:12	0:12:01	
30	1016	hugh duffy	IRL - 24-jul	0:11:46	95	15:41	5:07	52	0:38:19	35	31.32	4:00	27	0:16:16	15	3:15	1:15:26	0:12:15	
31	991	jonathan Hooper	GBR - Queens triathlon club	0:10:14	39	13:37	4:44	35	0:37:59	32	31.59	4:22	60	0:18:15	48	3:38	1:15:32	0:12:21	
32	993	stephen brennan	IRL	0:10:17	41	13:42	5:00	46	0:37:35	29	31.94	4:13	44	0:18:34	57	3:42	1:15:37	0:12:26	
33	877	Peter Ledwidge	IRL - Tri An Mhi	0:12:06	121	16:07	4:41	33	0:36:54	23	32.53	4:07	37	0:17:54	39	3:34	1:15:40	0:12:29	
34	992	Marcus Madden	IRL - Athlone	0:10:53	55	14:30	4:16	19	0:38:40	39	31.05	4:03	33	0:18:25	54	3:40	1:16:14	0:13:03	
35	832	Philip Manuel	IRL - Limerick Triathlon Club	0:12:25	145	16:33	4:13	17	0:37:19	28	32.17	4:02	32	0:18:24	53	3:40	1:16:21	0:13:10	
36	887	Barry Greene	IRL - 3D	0:11:07	63	14:48	5:09	54	0:37:01	24	32.43	4:23	61	0:18:55	63	3:46	1:16:32	0:13:21	
37	931	Padraig Bhaird	IRL	0:10:07	36	13:28	4:29	26	0:37:52	30	31.69	4:32	80	0:19:35	90	3:54	1:16:33	0:13:22	
38	831	john connolly	IRL - pulse	0:09:56	31	13:13	4:46	36	0:39:43	56	30.22	4:01	29	0:18:21	52	3:40	1:16:46	0:13:35	
39	958	Stephen McBride	IRL	0:09:08	15	12:09	6:31	143	0:38:40	40	31.04	4:56	129	0:18:42	60	3:44	1:17:54	0:14:43	

TriAthlone 2009

Results: Categories

Sprint Individual: Men 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DNF	927	George Kennedy	IRL		0			0		0			0		0				
DNF	928	marc vaughan	IRL		0			0		0			0		0				
DNF	889	Philip Lea	IRL		0			0		0			0		0				
DNF	893	Colin Pollock	IRL - TriCW		0			0		0			0		0				
DNF	894	Tony Walsh	IRL		0			0		0			0		0				
DNF	904	DAVID MCCARTHY	IRL - corktri		0			0		0			0		0				
DNF	896	Tom Olden	GBR		0			0		0			0		0				
DNF	883	alan mooney	IRL - none		0			0		0			0		0				
DNF	879	Justin Codd	IRL		0			0		0			0		0				
DNF	880	Richard Jones	IRL - 3 Rock Tri		0			0		0			0		0				
DNF	868	Peter McCartney	IRL - 3D Tri		0			0		0			0		0				
DNF	866	Brian Jenkins	IRL - Limerick Tri Club		0			0		0			0		0				
DNF	872	Stephen Mc Guire	IRL		0			0		0			0		0				
DNF	1011	Niall Wilson	IRL		0			0		0			0		0				
DNF	1012	gordon duffy	IRL		0			0		0			0		0				
DNF	998	Alan Mulligan	IRL - Midland Tri		0			0		0			0		0				
DNF	999	Nial Blake	IRL		0			0		0			0		0				
DNF	1002	Ciaran O Raighne	IRL		0			0		0			0		0				
DNF	1003	Roisin Ni Dhuslaine	IRL		0			0		0			0		0				
DNF	986	Johnny Boylan	GBR - Queen's Triathlon Club		0			0		0			0		0				
DNF	987	Michael Keaveney	IRL - n/a		0			0		0			0		0				
DNF	972	mark mckee	IRL		0			0		0			0		0				
DNF	970	Barry Ryan	IRL - None		0			0		0			0		0				
DNF	967	Pawel Debakowski	IRL - Trilogy		0			0		0			0		0				
DNF	964	finian lodge	IRL		0			0		0			0		0				
DNF	965	Thomas Meehan	IRL		0			0		0			0		0				
DNF	943	Ronan Baxter	IRL - Lucan Road Club		0			0		0			0		0				
DNF	954	neil collins	IRL		0			0		0			0		0				
DNF	955	Michael O' Donnell	IRL		0			0		0			0		0				
DNF	957	cormac feeney	IRL - none		0			0		0			0		0				
DNF	1043	dave mc elroy	IRL		0			0		0			0		0				
DNF	1029	peter merrigan	IRL		0			0		0			0		0				
DNF	1031	ted crowley	IRL		0			0		0			0		0				
DNF	1032	Andrew Byrne	IRL - NA		0			0		0			0		0				
DNF	1024	Stephen Early	IRL		0			0		0			0		0				
DNF	1022	Niall Murphy	IRL		0			0		0			0		0				
DNF	1085	Bercan Begley	IRL		0			0		0			0		0				
DNF	1079	Robert Bermingham	IRL		0			0		0			0		0				
DNF	1081	Paul Cassidy	IRL		0			0		0			0		0				
DNF	1082	Seamus Marrinan	IRL - Ballyheane Harriers		0			0		0			0		0				
DNF	1058	Robert Heraty	IRL		0			0		0			0		0				
DNF	1059	Denis Lyne	IRL		0			0		0			0		0				
DNF	1093	John Paul Ennis	IRL		0			0		0			0		0				
DNF	1094	Barbara Robinson	IRL		0			0		0			0		0				
DNF	2005	Simon Lindgard	IRL		0			0		0			0		0				
DSQ	1063	colin kane	IRL	0:12:07	126	16:09		0		0		1:01	216	0:17:17	29	3:27	0:39:27		0:12:07
DSQ	968	Oisín McGrath	IRL - Ennis Tri	0:08:10	3	10:53	3:58	7	0:37:02	25	32.41	3:28	4	0:09:03	1	1:48	1:01:41		
DSQ	920	kevin sherlock	IRL - Nenagh Tri	0:11:03	61	14:43	4:52	39	0:38:44	41	30.98	4:29	69	0:11:05	2	2:12	1:10:12	0:07:01	
DSQ	1020	Lorraine Carthy	IRL	0:13:29	183	17:57	7:04	172	0:47:28	180	25.28	5:24	164	0:12:51	3	2:34	1:26:14	0:23:03	
DSQ	997	KARL SMITH	IRL	0:13:14	176	17:38	7:44	192	0:47:30	182	25.27	6:15	198	0:13:30	4	2:41	1:28:12	0:25:01	
DSQ	926	James Kennedy	IRL	0:12:15	132	16:19	6:32	146	0:44:28	149	26.99	6:08	194	0:22:28	171	4:29	1:31:50	0:28:39	

Sprint Individual: Men 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1420	Brian Campbell	GBR - Hi Elbow	0:08:16	1	11:00	3:45	2	0:34:16	9	35.02	3:12	1	0:14:19	12	2:51	1:03:46		
2	1220	Kevin Keane	IRL	0:09:17	14	12:21	3:58	7	0:33:04	3	36.30	3:36	5	0:15:10	14	3:01	1:05:03	0:01:17	
3	1456	Peter Kern	IRL - PB Coaching.com	0:08:51	7	11:47	3:28	1	0:33:44	4	35.57	3:23	2	0:15:43	18	3:08	1:05:08	0:01:22	
4	1157	Joseph Lynch	IRL - Pulse	0:09:26	18	12:34	3:50	4	0:32:58	2	36.42	3:36	4	0:16:02	20	3:12	1:05:50	0:02:04	
5	1198	Darragh Halpenney	IRL - Belpark	0:08:29	2	11:17	4:06	11	0:33:54	7	35.40	3:54	19	0:15:38	15	3:07	1:05:59	0:02:13	
6	1259	Shane Scully	IRL - Nenagh Triathlon	0:08:48	5	11:42	3:45	3	0:33:48	5	35.51	3:40	7	0:16:31	26	3:18	1:06:30	0:02:44	
7	1205	Adam Kelly	IRL - Wicklow Tri		0		6:18	298	0:33:54	6	35.40	3:45	10	0:16:41	29	3:20	1:07:46	0:04:00	
8	1242	Mark Horan	IRL - Pulse	0:10:00	28	13:18	4:25	27	0:34:00	8	35.31	3:55	21	0:16:21	22	3:16	1:08:39	0:04:53	

TriAthlone 2009

Results: Categories

Sprint Individual: Men 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
257	1243	Enda Moynihan	IRL - Athlone Triathlon	0:16:06	290	21:26	6:42	195	0:43:17	181	27.73	6:42	278	0:27:43	291	5:32	1:40:28	0:36:42	
258	1273	Peter Hayde	IRL - not affiliated to a club	0:13:58	260	18:37	7:14	239	0:45:30	226	26.38	6:20	268	0:27:59	294	5:35	1:40:59	0:37:13	
259	1316	Cormac Nott	IRL - Athlone	0:14:02	261	18:41	7:01	223	0:50:04	275	23.97	5:21	206	0:24:52	269	4:58	1:41:17	0:37:31	
260	1176	JohnPaul Bates	IRL	0:15:55	289	21:13	6:16	166	0:51:23	287	23.36	6:28	272	0:21:25	185	4:16	1:41:26	0:37:40	
261	1307	Ronan Farrell	IRL	0:11:26	112	15:13	7:03	227	0:51:06	285	23.49	6:44	281	0:25:44	280	5:08	1:42:01	0:38:15	
262	1451	lee kielthy	IRL	0:14:30	273	19:18	8:45	284	0:48:01	264	25.00	7:00	286	0:23:47	251	4:45	1:42:01	0:38:15	
263	1361	Dara Hayden	IRL	0:13:17	233	17:42	7:30	247	0:52:10	288	23.01	5:17	199	0:23:55	255	4:46	1:42:08	0:38:22	
264	1360	Donncha Kelly	IRL	0:14:06	266	18:48	7:49	262	0:50:42	283	23.67	5:37	225	0:23:55	254	4:46	1:42:08	0:38:22	
265	1144	Conor Mooney	IRL	0:15:20	282	20:26	8:19	278	0:47:07	252	25.47	6:03	256	0:25:23	277	5:04	1:42:10	0:38:24	
266	1288	John Stacey	IRL	0:12:32	195	16:42	6:36	190	0:49:17	272	24.36	6:08	264	0:27:51	292	5:34	1:42:23	0:38:37	
267	1396	Justin Sinnott	IRL	0:14:48	280	19:43	10:48	294	0:47:50	263	25.09	6:32	274	0:22:55	230	4:35	1:42:52	0:39:06	
268	1223	Peter O'Halloran	IRL	0:14:31	275	19:20	7:17	241	0:52:40	289	22.79	5:45	235	0:22:44	226	4:32	1:42:55	0:39:09	
269	1257	raymond rooney	IRL - NONE	0:12:49	211	17:04	8:57	287	0:45:37	227	26.31	5:57	251	0:30:02	298	6:00	1:43:20	0:39:34	
270	1236	richard evans	IRL	0:12:07	173	16:09	8:09	273	0:50:29	279	23.77	6:41	276	0:26:02	284	5:12	1:43:27	0:39:41	
271	1426	Mark O'Leary	IRL	0:14:40	278	19:33	11:38	296	0:47:19	255	25.37	5:57	249	0:24:10	262	4:49	1:43:41	0:39:55	
272	1377	gerard grealish	IRL	0:15:42	287	20:55	7:29	246	0:50:21	277	23.84	6:05	258	0:24:31	265	4:54	1:44:05	0:40:19	
273	1435	Brendan Duffy	IRL	0:14:04	264	18:44	7:52	264	0:51:20	286	23.38	6:42	277	0:26:31	287	5:18	1:46:27	0:42:41	
274	1278	Eoin Whelan	IRL	0:19:21	292	25:47	9:32	290	0:48:09	267	24.92	7:09	290	0:22:38	224	4:31	1:46:47	0:43:01	
275	1379	Mark von Raesfeldt	IRL	0:14:48	279	19:43	7:46	258	0:55:02	293	21.81	8:45	296	0:22:33	222	4:30	1:48:52	0:45:06	
276	1282	John C. Friend-Pereira	IRL	0:13:54	256	18:31	8:55	286	0:55:39	294	21.57	7:01	287	0:25:18	275	5:03	1:50:45	0:46:59	
277	1167	barry ward	IRL	0:15:23	283	20:30	11:16	295	0:53:55	292	22.26	6:02	254	0:25:07	273	5:01	1:51:42	0:47:56	
278	1162	Dermot Ward	IRL	0:11:43	128	15:36	6:57	219	1:01:38	296	19.47	7:04	288	0:24:51	268	4:58	1:52:10	0:48:24	
279	1445	Donal Quinn	IRL	0:12:06	170	16:07	10:45	293	0:53:39	291	22.37	6:59	285	0:28:45	296	5:44	1:52:13	0:48:27	
280	1200	charlie gannon	IRL - cork tri	0:11:58	153	15:57	5:34	108	0:30:50	1	38.93	47:13	298	0:19:51	110	3:58	1:55:24	0:51:38	
281	1279	Kieran Rabbitt	IRL		0	44:26	300	0:49:10	271	24.41	5:43	233		0:12:36	10	2:31	1:59:04	0:55:18	
282	1296	Robert Hill	IRL	0:13:56	258	18:33	8:26	279	1:03:11	297	18.99	7:36	293	0:27:56	293	5:35	2:01:02	0:57:16	
283	1326	Ray Stankard	IRL	0:51:39	295	8:51	4:35	35	0:43:52	193	27.36	4:55	156	0:21:31	188	4:18	2:06:31	1:02:45	
284	1356	Brendan Hennessy	IRL	0:15:44	288	20:58	17:19	297	0:56:36	295	21.20	12:02	297	0:27:00	290	5:23	2:08:40	1:04:54	
285	1271	daryl coyne	IRL	0:10:59	85	14:38	6:25	178	1:35:35	299	12.56	4:16	50	0:19:21	94	3:52	2:16:34	1:12:48	
286	1371	Denis Moran	IRL - Athlone Triathlon Club	1:15:02	296	40:02	6:48	206	0:43:33	187	27.56	4:33	85	0:20:05	126	4:00	2:29:58	1:26:12	
287	1123	ken walsh	IRL - ATHLONE	1:22:36	298	50:07	7:43	257	0:48:15	269	24.88	6:46	282	0:26:59	289	5:23	2:52:17	1:48:31	
DNF	1447	Dorothy Duffy	IRL - Midland		0	15:21	299	0		0	20:51	299		0				0:09:31	
DNF	1386	John O'Driscoll	IRL	1:22:28	297	49:57	8:58	288	0:50:25	278	23.80	7:26	291		0			2:29:16	
DNF	1218	Brian Gunning	IRL - Athlone	0:09:10	12	12:12	4:33	32	1:10:25	298	17.04		0		0			1:24:07	
DNF	1476	bernie conlon	IRL	0:14:08	267	18:49		0		0			0		0			0:14:08	
DNF	1469	Mark Kelly	GBR - Pulse Tri		0			0		0			0		0				
DNF	1470	Damian Cooper	IRL		0			0		0			0		0				
DNF	1478	Gary Finnegan	IRL		0			0		0			0		0				
DNF	1479	Stephen Mallaghan	IRL		0			0		0			0		0				
DNF	1453	T.J. O' Brien	IRL		0			0		0			0		0				
DNF	1464	Niall Power	IRL - Piranha		0			0		0			0		0				
DNF	1466	shane cullinane	IRL		0			0		0			0		0				
DNF	1395	Andrew Nolan	IRL		0			0		0			0		0				
DNF	1382	brendan doyle	IRL		0			0		0			0		0				
DNF	1374	Robert Campion	IRL		0			0		0			0		0				
DNF	1402	Colm Ryan	IRL - N/A		0			0		0			0		0				
DNF	1399	Damien Fitzgerald	IRL		0			0		0			0		0				
DNF	1408	seamus kelly	IRL		0			0		0			0		0				
DNF	1409	Chris Gallagher	IRL		0			0		0			0		0				
DNF	1410	mark gillen	IRL - 24-jul		0			0		0			0		0				
DNF	1441	Kevin O'Donnell	IRL - MSC Tri		0			0		0			0		0				
DNF	1421	mark goodings	IRL		0			0		0			0		0				
DNF	1422	westley cassidy	IRL		0			0		0			0		0				
DNF	1429	andrew Brady	IRL		0			0		0			0		0				
DNF	1430	garry boyle	IRL		0			0		0			0		0				
DNF	1412	Daniel Cronin	IRL - Predator		0			0		0			0		0				
DNF	1369	Patrick McCarthy	IRL - Pulse		0			0		0			0		0				
DNF	1358	John Rabbett	IRL		0			0		0			0		0				
DNF	1353	eamonn mcgauran	IRL		0			0		0			0		0				
DNF	1342	Máirtín Coffey	IRL - DFTA		0			0		0			0		0				
DNF	1344	Conor Nevins	IRL		0			0		0			0		0				
DNF	1327	Aidan Tighe	IRL		0			0		0			0		0				

TriAthlone 2009

Results: Categories

Sprint Individual: Men 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DNF	1325	killian doorley	GBR		0			0		0			0		0				
DNF	1331	Joseph Queally	IRL		0			0		0			0		0				
DNF	1332	Brian Dolan	IRL		0			0		0			0		0				
DNF	1312	maurice ryan	IRL		0			0		0			0		0				
DNF	1313	darren o droma	IRL		0			0		0			0		0				
DNF	1322	padraig mallon	GBR - Newry		0			0		0			0		0				
DNF	1318	Dominic Rafferty	GBR		0			0		0			0		0				
DNF	1319	Dermot Lahey	IRL		0			0		0			0		0				
DNF	1320	Neil O Grady	IRL - DFTA (Defence Forces)		0			0		0			0		0				
DNF	2235	Ciaran McNamara	IRL		0			0		0			0		0				
DNF	1217	Willie Daniels	IRL		0			0		0			0		0				
DNF	1225	declan crowe	IRL		0			0		0			0		0				
DNF	1229	Paul Kieran	IRL - Piranha		0			0		0			0		0				
DNF	1230	Anthony Finn	IRL		0			0		0			0		0				
DNF	1209	Mike Lavelle	IRL - BelPark		0			0		0			0		0				
DNF	1210	Cormac Dunne	IRL		0			0		0			0		0				
DNF	1207	Rob Scallan	IRL		0			0		0			0		0				
DNF	1174	Rory Gallagher	IRL		0			0		0			0		0				
DNF	1171	David O'Shaughnessy	IRL		0			0		0			0		0				
DNF	1186	Murtagh Brennan	IRL		0			0		0			0		0				
DNF	1193	Gavin McLoughlin	IRL - TriMallet		0			0		0			0		0				
DNF	1190	Ryan Langley	IRL - Kenmare		0			0		0			0		0				
DNF	1276	Brian Cooney	IRL		0			0		0			0		0				
DNF	1277	Jason Lalor	IRL		0			0		0			0		0				
DNF	1280	patrick duffy	IRL - newry tri club		0			0		0			0		0				
DNF	1281	neil mcguinness	IRL		0			0		0			0		0				
DNF	1301	Aidan McAlinden	IRL		0			0		0			0		0				
DNF	1303	Donall Casserly	IRL		0			0		0			0		0				
DNF	1286	gerard o daly	IRL		0			0		0			0		0				
DNF	1287	Sean Hynes	USA		0			0		0			0		0				
DNF	1291	Peter Lynch	IRL		0			0		0			0		0				
DNF	1293	Richard Crinion	IRL		0			0		0			0		0				
DNF	1294	James Callery	IRL		0			0		0			0		0				
DNF	1237	ger bowen	IRL		0			0		0			0		0				
DNF	1235	Tomasz Ostrowski	IRL		0			0		0			0		0				
DNF	1245	DEREK TINSLEY	IRL		0			0		0			0		0				
DNF	1246	charly egan	IRL		0			0		0			0		0				
DNF	1262	Cathal Small	IRL - N/A		0			0		0			0		0				
DNF	1263	Stephen O'Sullivan	IRL		0			0		0			0		0				
DNF	1129	David Killen	IRL - Team Sports Med Ireland		0			0		0			0		0				
DNF	1130	Neil McDonald	GBR - Newry Triathlon Club		0			0		0			0		0				
DNF	1132	dara larkin	IRL		0			0		0			0		0				
DNF	1133	David Barry	IRL		0			0		0			0		0				
DNF	1138	Maurice Kelly	IRL		0			0		0			0		0				
DNF	1139	Aidan Connolly	IRL		0			0		0			0		0				
DNF	1153	Brendan Delaney	IRL - Nenagh		0			0		0			0		0				
DNF	1111	Ciaran Kelly	IRL - Ennis Triathlon Club		0			0		0			0		0				
DNF	1117	john foley	IRL		0			0		0			0		0				
DNF	1120	Vincent Murphy	GBR		0			0		0			0		0				
DNF	1121	Ian Campbell	IRL		0			0		0			0		0				
DNF	808	Karl McCann	IRL - trilogy		0			0		0			0		0				
DSQ	1474	stuart mcMahon	IRL - Limerick Triathlon Club	0:10:52	77	14:28	4:59	57	0:36:51	26	32.57	4:07	32	0:10:10	2	2:01	1:06:57	0:03:11	
DSQ	1428	simon keating	IRL	0:11:18	104	15:03	5:30	96	0:37:26	36	32.07	4:54	152	0:11:19	4	2:15	1:10:26	0:06:40	
DSQ	1459	Michael Maughan	IRL	0:12:08	174	16:09	5:47	128	0:36:24	22	32.97	4:50	127	0:11:21	5	2:16	1:10:27	0:06:41	
DSQ	1357	Ciaran McCabe	IRL	0:12:01	158	16:00	5:59	140	0:42:17	153	28.39	4:06	29	0:10:08	1	2:01	1:14:29	0:10:43	
DSQ	1359	Kevin Fitzduff	IRL	0:11:45	132	15:39	6:45	199	0:42:30	157	28.24	4:30	76	0:11:28	6	2:17	1:16:57	0:13:11	
DSQ	1397	barry hogan	IRL	0:13:15	231	17:39	5:46	127	0:41:49	141	28.71	4:25	63	0:11:59	8	2:23	1:17:11	0:13:25	
DSQ	1309	Evan Loneragan	IRL	0:11:51	140	15:48	6:46	202	0:43:00	174	27.92	5:31	217	0:11:08	3	2:13	1:18:14	0:14:28	
DSQ	1338	Gary McSharry	IRL	0:10:55	81	14:32	6:52	214	0:42:51	164	28.01	5:40	229	0:12:45	11	2:32	1:19:02	0:15:16	
DSQ	1378	graham donnelly	IRL	0:12:07	171	16:08	7:11	234	0:44:30	212	26.97	4:50	129	0:11:54	7	2:22	1:20:30	0:16:44	
DSQ	1305	derek daly	IRL	0:12:02	160	16:01	7:13	236	0:45:02	217	26.65	5:00	167	0:12:14	9	2:26	1:21:28	0:17:42	
DSQ	1349	Karl Harrison	IRL	0:13:25	241	17:52	8:40	282	0:47:44	261	25.14	8:16	294	0:15:06	13	3:01	1:33:08	0:29:22	

TriAthlone 2009

Results: Categories

Sprint Individual: Men 35-39 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
187	1621	Gavin O Connor	IRL	0:13:31	170	18:00	9:23	196	0:48:30	188	24.75	9:12	200	0:27:46	193	5:33	1:48:21	0:41:27	
188	1545	KEVIN OWENS	IRL	0:18:56	200	25:14	8:35	191	0:45:37	166	26.32	7:44	198	0:29:15	198	5:50	1:50:05	0:43:11	
189	1612	Fiachra Purcell	IRL - n/a	0:15:13	194	20:16	11:19	203	0:44:56	159	26.71	9:08	199	0:30:00	199	5:59	1:50:34	0:43:40	
190	1574	stephen finneran	IRL	0:13:30	169	17:59	7:50	178	0:49:34	194	24.21	7:37	197	0:32:50	200	6:33	1:51:18	0:44:24	
191	1618	Ciarán Hallinan	IRL	0:12:14	125	16:17	7:49	177	1:02:03	203	19.34	7:35	196	0:26:46	191	5:21	1:56:24	0:49:30	
192	1489	Eddie Dowse	IRL - None	0:20:22	201	27:08	8:32	190	0:52:46	200	22.74	6:38	185	0:28:39	195	5:43	1:56:55	0:50:01	
193	1666	Stephen Moore	IRL - Pulse	0:50:47	202	7:42	4:56	27	0:42:06	114	28.51	4:25	36	0:17:58	26	3:35	2:00:10	0:53:16	
194	1628	Anthony Murphy	IRL	0:59:09	204	18:51	5:20	46	0:42:16	119	28.40	4:50	77	0:23:56	163	4:47	2:15:28	1:08:34	
195	1522	Michael Haughey	GBR	0:53:46	203	11:40	9:52	200	0:47:14	182	25.41	7:30	195	0:27:08	192	5:25	2:25:28	1:18:34	
DNF	1589	Ferghal Tubridy	IRL - DFTA	0:09:39	12	12:52	4:17	12	0:37:26	29	32.07	3:49	7		0			0:55:09	
DNF	1544	Dave O'Connor	IRL - None	0:10:45	52	14:19	5:49	77	0:37:47	36	31.76		0		0			0:54:21	
DNF	1495	Derek Cowan	IRL - unaffiliated	0:11:07	74	14:48	7:21	160	0:53:30	201	22.44		0		0			1:11:57	
DNF	1498	Jamie Bray	IRL - Wicklow	0:09:16	4	12:20	5:26	53		0			0		0			0:14:41	
DNF	1657	Derek Coyle	IRL - TriCW	0:13:12	161	17:35		0		0			0		0			0:13:12	
DNF	1656	Fergal Macken	IRL		0			0		0			0		0				
DNF	1652	Stephen Sheehan	IRL		0			0		0			0		0				
DNF	1643	Niall Skehan	IRL		0			0		0			0		0				
DNF	1627	Conor Fallon	IRL		0			0		0			0		0				
DNF	1638	Alan Mc Cormack	IRL		0			0		0			0		0				
DNF	1633	colin dickson	GBR - triangle tri club		0			0		0			0		0				
DNF	1594	Owen Mullooney	IRL - Defence Forces		0			0		0			0		0				
DNF	1588	kevin porter	IRL		0			0		0			0		0				
DNF	1602	kevin heffernan	IRL - LIMERICK		0			0		0			0		0				
DNF	1617	Michael Donaghy	GBR		0			0		0			0		0				
DNF	1614	Colm Glavin	IRL		0			0		0			0		0				
DNF	1608	Rossa Coleman	IRL - DFTA		0			0		0			0		0				
DNF	1660	Peter Cosgrove	IRL		0			0		0			0		0				
DNF	1665	Declan Raftery	IRL		0			0		0			0		0				
DNF	1675	Ronan Brennan	IRL		0			0		0			0		0				
DNF	1679	aidan hanley	IRL - galway triathlon club		0			0		0			0		0				
DNF	1706	William Aylward	IRL - Trilogy		0			0		0			0		0				
DNF	1698	mark mcguigan	GBR		0			0		0			0		0				
DNF	1497	Ivor Banim	IRL		0			0		0			0		0				
DNF	1488	Conor Murphy	IRL		0			0		0			0		0				
DNF	1493	Gael Dillon	IRL		0			0		0			0		0				
DNF	1494	Michael Sullivan	IRL		0			0		0			0		0				
DNF	1508	alan maye	IRL - midland tri club		0			0		0			0		0				
DNF	1514	David Reid	IRL		0			0		0			0		0				
DNF	1517	Kevin Larkin	IRL		0			0		0			0		0				
DNF	1486	Nick McNicholas	IRL		0			0		0			0		0				
DNF	1538	Hugh Guy	IRL - Wicklow Triathlon		0			0		0			0		0				
DNF	1552	kevin coughlan	IRL - Preditor		0			0		0			0		0				
DNF	1527	Steven Moody	IRL - Piranha		0			0		0			0		0				
DNF	1536	barry gaynor	IRL		0			0		0			0		0				
DNF	1531	Jason Quinn	IRL		0			0		0			0		0				
DNF	1584	Raman Patel	IRL		0			0		0			0		0				
DNF	1585	Brendan Devaney	IRL		0			0		0			0		0				
DNF	1586	Paul Egan	IRL		0			0		0			0		0				
DNF	1566	Ken Farragher	IRL - predator		0			0		0			0		0				
DNF	1569	Eddie Nolan	IRL - None		0			0		0			0		0				
DNF	1556	Ed O'Reilly	IRL		0			0		0			0		0				
DNF	1557	Ross Manson	IRL		0			0		0			0		0				
DNF	1559	Neville Cox	IRL		0			0		0			0		0				
DNF	108	david donnelly	IRL - liquid motion		0			0		0			0		0				
DSQ	1701	Chris Coyle	IRL - Liquid motion	0:10:41	45	14:14	5:16	39	0:33:24	2	35.94	4:46	66	0:02:42	1	0:32	0:56:48		
DSQ	1492	Colm Galligan	IRL	0:09:47	15	13:02	6:17	114	0:40:27	84	29.67	5:14	116	0:04:25	2	0:52	1:06:10		
DSQ	1577	Quentin Crowley	IRL - Trinity College Dublin	0:10:00	24	13:20	6:00	95	0:38:45	52	30.97	4:40	55	0:10:29	4	2:05	1:09:52	0:02:58	
DSQ	1688	Fergal Daly	IRL	0:12:07	123	16:08	6:20	116	0:39:08	60	30.67	4:00	15	0:09:49	3	1:57	1:11:22	0:04:28	
DSQ	1635	Colm Cronin	IRL	0:11:00	68	14:39	6:49	138	0:45:40	167	26.29	5:14	115	0:11:29	5	2:17	1:20:10	0:13:16	

TriAthlone 2009

Results: Categories

Sprint Individual: Men 60-64 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1956	david hawcroft	IRL - tri-an-mhi	0:15:23	1	20:30	6:47	1	0:46:55	1	25.58	4:21	1	0:19:12	1	3:50	1:32:37		

Sprint Individual: Men 65-69 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1957	Sam Gordon	GBR - None	0:11:14	1	14:57	7:04	1	0:39:33	1	30.35	7:30	1	0:23:07	1	4:37	1:28:25		

Sprint Individual: Men 70-74 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1958	Seamus Egan	IRL	0:14:27	1	19:15	10:32	1	0:51:39	1	23.24	8:00	1	0:31:09	1	6:13	1:55:45		

Sprint Relay: Women 16-19 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DSQ	1960	Kerrie Browne	IRL	0:12:07	1	16:08	4:48	1	0:49:43	1	24.14	4:07	1	0:10:57	1	2:11	1:21:40		

Sprint Relay: Women 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DNF	1971	Máire Hanly	IRL		0			0		0				0	0				

Sprint Relay: Women 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1993	serena connolly	IRL - Pulse	0:11:05	2	14:46	4:30	3	0:40:07	1	29.92	4:26	2	0:22:26	3	4:29	1:22:33		
2	1975	Claire Finnegan	IRL - QUB	0:12:08	3	16:10	4:28	2	0:45:59	2	26.10	3:59	1	0:19:50	1	3:57	1:26:24	0:03:51	
3	1991	Eibhlin Mulroe	IRL	0:13:44	4	18:18	4:22	1	0:47:36	3	25.21	4:43	3	0:19:59	2	3:59	1:30:23	0:07:50	
4	1968	Bernice Kelly	IRL	0:10:22	1	13:49	5:50	4	1:15:29	4	15.90	6:32	4	0:26:39	4	5:19	2:04:51	0:42:18	
DNF	1963	Kellyann Reid	IRL		0			0		0		0:31	5		0				1:29:11
DNF	1983	Maureen Dempsey	IRL		0			0		0			0		0				

Sprint Relay: Women 35-39 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1969	Marguerite Smyth	IRL	0:14:54	3	19:51	4:32	1	0:40:38	2	29.54	3:49	1	0:20:02	1	4:00	1:23:53		
2	1981	Angelique Gardner	IRL	0:12:06	2	16:06	6:15	3	0:37:33	1	31.97	4:36	2	0:25:48	3	5:09	1:26:15	0:02:22	
3	1965	Yvonne Harney	IRL	0:09:31	1	12:40	5:15	2	1:03:17	3	18.97	5:22	4	0:23:32	2	4:42	1:46:54	0:23:01	
4	1967	rhona howley	IRL	0:18:46	4	25:00	7:34	4	1:04:48	4	18.52	5:16	3	0:26:31	4	5:18	2:02:54	0:39:01	

Sprint Relay: Women 40-44 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1974	Joanne O'Connor	IRL	0:13:41	1	18:14	5:54	1	0:47:40	1	25.18	4:51	1	0:25:13	1	5:02	1:37:18		

Sprint Relay: Men 16-19 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1988	Ronan Walker	IRL - none	0:10:35	1	14:05	4:40	2	0:40:14	1	29.84	4:16	2	0:20:31	2	4:06	1:20:13		
2	1976	Ryan Browne	IRL	0:13:17	3	17:42	3:40	1	0:45:07	2	26.61	3:41	1	0:19:35	1	3:55	1:25:18	0:05:05	
DNF	1961	Ryan Browne	IRL	0:13:03	2	17:23		0		0				0	0				0:13:03

Sprint Relay: Men 20-24 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1987	Paul Syder	IRL	0:11:38	1	15:30	3:29	1	0:42:48	1	28.04	3:29	1	0:17:29	1	3:29	1:18:52		

Sprint Relay: Men 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1985	Aran Murray	IRL	0:12:54	1	17:12	4:53	1	0:45:21	1	26.47	5:43	3	0:25:08	3	5:01	1:33:57		
2	1978	Kevin Cosgrave	IRL	0:14:57	2	19:55	6:03	2	0:47:12	2	25.43	4:03	1	0:22:47	2	4:33	1:35:01	0:01:04	
DSQ	1970	Emma Pillion	IRL	0:28:43	3	38:16	7:10	3	0:59:47	3	20.07	5:04	2	0:17:51	1	3:34	1:58:33	0:24:36	

Sprint Relay: Men 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1980	adrian oprea	IRL - tricw	0:10:41	1	14:13	4:04	2	0:39:23	1	30.48	4:01	1	0:19:07	1	3:49	1:17:13		
2	1989	Léon McCarthy	IRL - none	0:11:25	2	15:13	3:59	1	0:43:16	2	27.74	4:41	3	0:22:00	2	4:23	1:25:19	0:08:06	
3	1973	Bernard O'Shea	IRL	0:16:36	3	22:07	4:58	3	0:51:50	3	23.16	4:01	2	0:28:55	3	5:46	1:46:18	0:29:05	

TriAthlone 2009

Results: Categories

Sprint Relay: Men 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DNF	1962	Robbie Donovan	IRL - N/A		0			0		0			0		0				

Sprint Relay: Men 35-39 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1966	ray conlon	IRL	0:11:11	3	14:53	5:39	2	0:45:57	3	26.12	3:54	1	0:19:35	1	3:54	1:26:14		
2	1984	Romuald McSweeney	IRL	0:10:15	2	13:39	4:57	1	0:40:23	1	29.72	6:17	2	0:28:01	2	5:36	1:29:50	0:03:36	
3	1986	Adrian O'Connor	IRL - Die Toten Hosen	0:08:52	1	11:48		0		0		35:19	3	0:31:25	3	6:16	1:35:24	0:09:10	0:08:52
DNF	1979	Keith Sheridan	IRL	0:15:54	4	21:12	7:03	3	0:45:42	2	26.27		0		0				1:08:38

Sprint Relay: Men 40-44 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1972	Karl Byrne	IRL	0:11:41	2	15:34	5:03	2	0:47:26	1	25.31	5:55	3	0:17:58	2	3:35	1:28:00		
2	1964	martin gough	IRL	0:10:18	1	13:43	4:32	1	0:52:51	3	22.71	4:26	2	0:19:23	3	3:52	1:31:29	0:03:29	
3	1977	Mark O Loughlin	IRL	0:14:33	4	19:22	5:31	3	0:47:34	2	25.23	4:07	1	0:26:15	4	5:14	1:37:58	0:09:58	
4	1990	John Doyle	IRL	0:11:43	3	15:36		0		0		7:05	4	0:16:14	1	3:14	1:51:59	0:23:59	0:11:43
DNF	1994	JOHN O'DWYER	IRL	0:15:03	5	20:03		0		0			0		0				0:15:03

Sprint Relay: Men 45-49 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1992	John Martin	IRL	0:11:28	1	15:16	4:53	1	0:41:10	1	29.16	4:04	1	0:20:14	1	4:02	1:21:46		
2	1959	Alastair Gray	IRL	0:14:56	2	19:54	6:02	2	0:47:14	2	25.41	4:32	2	0:22:11	2	4:26	1:34:54	0:13:08	

Sprint Relay: Men 50-54 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1982	Mossy Collins	IRL - Athlone Tri Club	0:13:47	1	18:21	5:16	1	0:49:33	1	24.22	5:19	1	0:26:24	1	5:16	1:40:16		

Try-a-tri Individual: Women 20-24 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2082	Orla Rogers	IRL	0:04:13	5	21:04	5:51	1	0:52:04	3	23.05	4:51	1	0:22:15	3	4:26	1:29:12		
2	2077	Aisling Keogh	IRL - n/a	0:04:02	4	20:05	8:13	10	0:49:54	1	24.05	5:19	4	0:24:36	5	4:55	1:32:03	0:02:51	
3	2081	Aoife Lucey	IRL	0:04:36	11	22:59	8:03	9	0:53:35	5	22.40	4:58	2	0:21:41	2	4:20	1:32:52	0:03:40	
4	2093	Lorraine O' Donnell	IRL	0:03:54	2	19:25	6:26	2	0:58:07	8	20.65	5:12	3	0:23:37	4	4:43	1:37:13	0:08:01	
5	2090	Shona Finn	GBR	0:03:58	3	19:46	7:09	4	0:53:18	4	22.52	6:57	10	0:28:17	10	5:39	1:39:36	0:10:24	
6	2075	Brenda Quinn	IRL	0:03:34	1	17:46	7:27	6	0:58:06	7	20.66	5:54	7	0:26:36	8	5:19	1:41:36	0:12:24	
7	2088	Michelle Kurtz	IRL	0:04:25	8	22:01	7:26	5	1:00:05	9	19.97	5:30	5	0:25:37	6	5:07	1:43:01	0:13:49	
8	2086	Aisling Ní Mhíochain	IRL	0:05:19	12	26:32	7:51	8	0:57:42	6	20.80	5:33	6	0:27:58	9	5:35	1:44:22	0:15:10	
9	2083	linda kenny	IRL	0:04:34	9	22:48	7:49	7	1:09:26	11	17.29	6:42	9	0:25:58	7	5:11	1:54:26	0:25:14	
10	2084	Catherine Kelly	IRL	0:04:35	10	22:53	11:26	12	1:02:36	10	19.17	7:37	12	0:28:56	11	5:47	1:55:09	0:25:57	
11	2076	Lauren Burke	IRL	0:04:14	6	21:09	8:17	11	1:10:58	12	16.91	7:00	11	0:34:36	12	6:55	2:05:03	0:35:51	
DNF	2078	Genny Butler	IRL		0			0		0			0		0				
DNF	2071	louise morris	IRL		0			0		0			0		0				
DNF	2069	nicola fahy	IRL		0			0		0			0		0				
DSQ	2091	Caroline Kelly	IRL	0:04:17	7	21:23	7:05	3	0:51:22	2	23.36	6:06	8	0:13:51	1	2:46	1:22:40		

Try-a-tri Individual: Women 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2168	Rachael Maloney	IRL - liquid motion	0:03:58	2	19:50	5:50	2	0:42:47	1	28.06	5:00	9	0:20:56	4	4:11	1:18:30		
2	2141	Marita Reilly	IRL	0:04:22	11	21:45	6:22	6	0:43:27	3	27.62	4:24	2	0:20:24	2	4:04	1:18:57	0:00:27	
3	2098	Paula Shaughnessy	IRL	0:04:31	17	22:34	7:18	14	0:43:09	2	27.82	5:30	20	0:22:01	7	4:24	1:22:27	0:03:57	
4	2135	Mary-Claire Ennis	IRL	0:04:23	12	21:50	6:13	4	0:46:27	5	25.84	4:46	6	0:22:17	11	4:27	1:24:03	0:05:33	
5	2096	Neasa Canavan	IRL	0:04:24	14	21:59	6:32	8	0:48:05	7	24.96	4:30	3	0:21:53	6	4:22	1:25:22	0:06:52	
6	2134	Jill Ennis	IRL	0:04:21	10	21:41	6:16	5	0:47:30	6	25.26	4:53	8	0:22:46	14	4:33	1:25:44	0:07:14	
7	2136	Pamela Ryan	IRL	0:04:00	3	19:56	6:26	7	0:48:39	8	24.67	5:01	10	0:24:06	20	4:49	1:28:10	0:09:40	
8	2123	Michelle Queally	IRL	0:04:42	23	23:28	7:46	22	0:49:11	11	24.40	5:07	12	0:21:49	5	4:21	1:28:32	0:10:02	
9	2137	Tara Flanagan	IRL	0:03:46	1	18:47	6:41	10	0:49:29	12	24.26	4:51	7	0:23:57	18	4:47	1:28:43	0:10:13	
10	2175	Lynn Mullin	IRL	0:04:07	6	20:31	5:53	3	0:49:47	15	24.11	5:02	11	0:24:27	23	4:53	1:29:14	0:10:44	
11	2133	gillian kelly	IRL - athlone	0:04:58	33	24:47	7:28	18	0:49:32	13	24.23	5:33	21	0:22:06	8	4:25	1:29:36	0:11:06	
12	2181	Kate McKenna	IRL	0:04:36	22	22:56	6:32	9	0:51:38	17	23.24	4:40	5	0:22:17	10	4:27	1:29:41	0:11:11	
13	2119	Jana Mrazikova	IRL	0:04:06	5	20:25	6:49	11	0:50:44	16	23.66	5:19	17	0:23:23	15	4:40	1:30:18	0:11:48	
14	2173	Denise kilkenny	IRL - Athlone Tri	0:04:32	18	22:38	4:54	1	0:56:32	34	21.23	4:06	1	0:20:32	3	4:06	1:30:35	0:12:05	

TriAthlone 2009

Results: Categories

Try-a-tri Individual: Women 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
15	2150	Carolyn Kelly	IRL	0:04:25	15	22:02	8:53	42	0:49:07	10	24.44	5:49	24	0:22:35	12	4:30	1:30:48	0:12:18	
16	2161	Catherine Carolan	IRL	0:04:47	27	23:51	8:32	36	0:49:35	14	24.20	5:26	18	0:23:59	19	4:47	1:32:18	0:13:48	
17	2156	Deirdre Byrne	IRL	0:04:16	9	21:19	8:05	27	0:53:51	22	22.29	5:07	13	0:22:06	9	4:25	1:33:24	0:14:54	
18	2191	Karen Rock	IRL	0:04:42	24	23:28	7:32	19	0:48:45	9	24.62	6:01	30	0:28:27	37	5:41	1:35:25	0:16:55	
19	2146	Susan English	IRL	0:04:33	19	22:40	7:55	24	0:55:41	30	21.55	5:17	16	0:22:45	13	4:32	1:36:09	0:17:39	
20	2139	Aoife Spooner	IRL	0:04:56	31	24:35	8:40	40	0:53:27	20	22.45	6:14	31	0:23:50	17	4:45	1:37:06	0:18:36	
21	2095	Regina McCarthy	IRL	0:05:14	40	26:05	8:19	31	0:52:12	19	22.99	5:30	19	0:26:21	29	5:16	1:37:34	0:19:04	
22	2110	Megan O'Leary	IRL	0:04:31	16	22:33	8:18	30	0:55:41	29	21.55	5:15	15	0:25:09	25	5:01	1:38:52	0:20:22	
23	2200	Jennifer Mc Ginn	IRL	0:04:46	26	23:49	7:23	17	0:58:38	40	20.47	5:40	23	0:23:35	16	4:42	1:40:01	0:21:31	
24	2105	Karen Duffy	IRL	0:05:09	38	25:41	8:21	32	0:54:24	24	22.07	6:35	35	0:26:29	30	5:17	1:40:56	0:22:26	
25	2184	Rebecca Kenny	IRL	0:05:27	47	27:14	6:58	12	0:53:54	23	22.26	6:32	34	0:28:13	36	5:38	1:41:03	0:22:33	
26	2169	Maire O Doherty	IRL - Individual	0:05:37	48	28:03	8:10	29	0:56:51	36	21.11	6:25	32	0:24:20	22	4:51	1:41:21	0:22:51	
27	2131	Noeleen Warren	IRL - Athlone	0:04:43	25	23:34	8:22	33	0:53:47	21	22.31	6:29	33	0:28:03	34	5:36	1:41:23	0:22:53	
28	2140	Niamh Mc Tiernan	IRL	0:04:56	32	24:38	7:20	16	0:56:37	35	21.20	6:00	29	0:26:33	31	5:18	1:41:25	0:22:55	
29	2108	Noelle Breen	IRL	0:04:23	13	21:52	8:04	26	0:57:17	37	20.95	5:53	25	0:26:05	28	5:12	1:41:39	0:23:09	
30	2155	Marie Henry	IRL	0:04:47	28	23:54	8:52	41	0:56:28	33	21.25	6:44	37	0:25:06	24	5:01	1:41:56	0:23:26	
31	2165	Teresa McEvoy	IRL - Trilogy Portlaoise	0:05:22	43	26:45	7:59	25	0:51:44	18	23.20	7:53	43	0:29:21	40	5:52	1:42:16	0:23:46	
32	2167	Julie Harty	IRL	0:04:49	29	24:01	7:18	15	0:56:19	31	21.31	5:56	27	0:29:07	39	5:49	1:43:26	0:24:56	
33	2128	Jane Walsh	IRL	0:04:04	4	20:18	7:10	13	0:55:36	28	21.59	8:00	44	0:28:39	38	5:43	1:43:27	0:24:57	
34	2199	Karen Sullivan	IRL	0:04:59	34	24:51	8:32	35	0:56:27	32	21.26	6:41	36	0:27:15	33	5:26	1:43:52	0:25:22	
35	2138	Michele O'Sullivan	IRL	0:04:33	20	22:44	8:38	39	0:54:26	25	22.05	7:28	41	0:29:46	41	5:57	1:44:50	0:26:20	
36	2113	Siobhan Darby	IRL	0:05:27	46	27:13	9:57	46	0:58:58	41	20.35	5:54	26	0:25:30	26	5:05	1:45:44	0:27:14	
37	2188	Ciara Bruton	IRL	0:04:11	7	20:52	7:38	20	1:04:50	47	18.51	5:57	28	0:24:09	21	4:49	1:46:43	0:28:13	
38	2157	Suzanne Costello	IRL	0:05:06	36	25:25	8:58	43	0:55:29	27	21.63	7:26	40	0:30:33	44	6:06	1:47:30	0:29:00	
39	2145	Jean Lowry	IRL	0:04:35	21	22:52	7:44	21	1:04:20	46	18.66	5:36	22	0:26:39	32	5:19	1:48:52	0:30:22	
40	2189	victoria sweeney	IRL - athlone	0:05:24	45	26:58	10:03	47	0:59:13	42	20.27	8:39	47	0:28:06	35	5:37	1:51:24	0:32:54	
41	2153	Leon Fitzpatrick	IRL	0:05:10	39	25:49	8:36	37	0:57:18	38	20.95	7:49	42	0:32:47	45	6:33	1:51:37	0:33:07	
42	2147	sinead mc donagh	IRL		0		13:55	51	1:00:40	43	19.78	8:06	45	0:30:11	42	6:02	1:52:05	0:33:35	
43	2121	Marita Fahy	IRL	0:04:15	8	21:10	8:09	28	1:09:13	49	17.34	6:54	38	0:25:57	27	5:11	1:54:26	0:35:56	
44	2187	Brioni Lane	IRL	0:05:24	44	26:57	8:37	38	1:01:30	44	19.51	7:09	39	0:33:07	46	6:37	1:55:45	0:37:15	
45	2117	Edel Tierney	IRL	0:05:16	41	26:19	8:29	34	1:03:05	45	19.02	8:38	46	0:30:29	43	6:05	1:55:55	0:37:25	
46	2201	Margaret Ryan	IRL	0:20:57	50	44:40	11:13	48	1:17:29	50	15.49	9:06	48	0:35:58	47	7:11	2:34:41	1:16:11	
DNF	2180	Fiona Browne	IRL	0:04:55	30	24:33	9:14	44	0:54:54	26	21.86	5:14	14		0			1:14:16	
DNF	2143	Kelly O'Connor	IRL	0:06:46	49	33:46	12:47	49	0:57:41	39	20.80		0		0			1:17:13	
DNF	332	aoife ferris	IRL	0:05:17	42	26:24	13:44	50	1:06:52	48	17.95		0		0			1:25:52	
DNF	2196	Niamh Grant	GBR	0:05:06	35	25:25	9:14	45	1:17:50	51	15.42		0		0			1:32:09	
DNF	2186	Anne Marie Cullen	IRL		0			0		0			0		0				
DNF	2190	Anna Rock	IRL		0			0		0			0		0				
DNF	2163	Louise Sheil	IRL		0			0		0			0		0				
DNF	2164	Ayleen McGuinness	IRL		0			0		0			0		0				
DNF	2174	Claire Seale	IRL		0			0		0			0		0				
DNF	2148	Deirdre Kelly	IRL		0			0		0			0		0				
DNF	2152	Leanne Kelly	IRL		0			0		0			0		0				
DNF	2158	Emma O'Connell	IRL		0			0		0			0		0				
DNF	2129	aileen mcnamara	IRL - none		0			0		0			0		0				
DNF	2125	TREASA MARRINAN	IRL		0			0		0			0		0				
DNF	2118	Roisin Ni Dhonncha	IRL		0			0		0			0		0				
DNF	2102	Sarah Hennessy	IRL		0			0		0			0		0				
DNF	2111	Kathy Beatty	IRL		0			0		0			0		0				
DNF	2112	Siobhán Colivet	IRL		0			0		0			0		0				
DNF	2097	Donna Timothy	IRL		0			0		0			0		0				
DSQ	2198	Lydia Forde	IRL - Belpark	0:05:07	37	25:35	7:48	23	0:46:02	4	26.07	4:39	4	0:13:09	1	2:37	1:16:45		

Try-a-tri Individual: Women 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2242	Fiona Moloney	IRL - Piranha	0:05:12	29	25:59	7:19	7	0:46:18	1	25.92	4:57	2	0:24:32	8	4:54	1:28:17		
2	2244	Maeve Sheeran	IRL	0:03:50	1	19:05	6:24	2	0:49:51	4	24.08	4:52	1	0:24:11	6	4:50	1:29:05	0:00:48	
3	2286	Noreen O Connell	IRL	0:04:38	14	23:07	6:26	3	0:46:53	2	25.60	6:10	13	0:25:09	11	5:01	1:29:14	0:00:57	
4	2281	Paula Heneghan	IRL	0:04:40	15	23:17	8:46	19	0:55:13	16	21.74	7:16	29	0:13:48	1	2:45	1:29:40	0:01:23	
5	2245	Marie O'Keeffe	IRL	0:04:17	8	21:21	5:56	1	0:50:23	6	23.82	5:07	3	0:24:04	4	4:48	1:29:46	0:01:29	
6	2227	Odel MacMonagle	IRL	0:04:13	7	21:02	8:19	13	0:48:25	3	24.79	5:30	5	0:25:18	12	5:03	1:31:44	0:03:27	
7	2288	Paula Donoghue	IRL	0:05:15	30	26:12	8:30	14	0:50:31	7	23.76	5:23	4	0:25:23	13	5:04	1:35:00	0:06:43	

TriAthlone 2009

Results: Categories

Try-a-tri Individual: Men 35-39 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
25	2358	kevin fee	IRL	0:04:20	9	21:37	8:43	25	0:53:18	25	22.51	6:10	15	0:27:05	23	5:24	1:39:34	0:25:55	
26	2349	Paul Dillon	IRL	0:05:31	23	27:33	8:59	27	0:55:05	28	21.79	7:43	28	0:27:50	25	5:33	1:45:05	0:31:26	
27	2337	Patrick Smith	IRL	0:03:57	5	19:42	13:31	28	0:54:32	26	22.01	7:36	26	0:28:24	26	5:40	1:47:58	0:34:19	
DNF	2329	Malcolm Lane	IRL		0			0		0			0		0				
DNF	2330	Andrew Fleming	IRL - none		0			0		0			0		0				
DNF	2320	ronan brennan	IRL		0			0		0			0		0				
DNF	2325	Eddie Larkin	IRL		0			0		0			0		0				
DNF	2347	karl wray	IRL		0			0		0			0		0				
DNF	2348	jonathan edgar	IRL		0			0		0			0		0				
DNF	2355	AIDAN POWER	IRL		0			0		0			0		0				
DNF	2345	Robert McCabe	IRL		0			0		0			0		0				
DNF	2361	Derek McKay	IRL		0			0		0			0		0				
DSQ	2375	Charles Hegarty	IRL	0:05:26	22	27:09	8:23	22	1:00:24	29	19.87	5:27	8	0:15:28	1	3:05	1:35:06	0:21:27	
DSQ	2367	Kenneth Concannon	IRL	0:08:14	26	41:07	8:45	26	0:55:04	27	21.79	6:41	23	0:17:27	2	3:29	1:36:09	0:22:30	

Try-a-tri Individual: Men 40-44 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2391	AIDAN POWER	IRL		0		11:59	7		0		17:03	7	0:23:01	3	4:36	1:18:34		0:50:29
2	2392	stephen doyle	IRL	0:04:33	1	22:40	6:37	1	0:43:04	1	27.86	4:59	1	0:22:19	2	4:27	1:21:29	0:02:55	
3	2393	MICHAEL KELLY	IRL	0:05:31	4	27:33	6:43	2	0:49:06	3	24.45	5:52	4	0:19:53	1	3:58	1:27:03	0:08:29	
4	2389	paul ridley	IRL	0:05:42	5	28:28	8:36	4	0:46:05	2	26.05	8:23	6	0:29:53	7	5:58	1:38:36	0:20:02	
5	2383	Charlie O'Neill	IRL	0:05:05	3	25:24	8:50	5	1:02:43	6	19.14	5:34	2	0:26:44	4	5:20	1:48:55	0:30:21	
6	2380	Mari O'Ryan	IRL	0:04:50	2	24:08	8:18	3	1:01:15	4	19.59	6:19	5	0:29:48	6	5:57	1:50:28	0:31:54	
7	2394	Aodhan Hobbs	IRL	0:07:01	6	35:00	11:14	6	1:02:32	5	19.19	5:38	3	0:29:17	5	5:51	1:55:39	0:37:05	
DNF	2395	Kirk Sweeney	IRL		0			0		0			0		0				
DNF	2387	Dave Kinneen	IRL		0			0		0			0		0				
DNF	2388	declan burke	IRL		0			0		0			0		0				
DNF	2384	Niall Joye	IRL		0			0		0			0		0				
DNF	2379	Sean Horsman	IRL		0			0		0			0		0				

Try-a-tri Individual: Men 45-49 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2399	Stephen Travers	IRL	0:04:45	1	23:40	6:00	1	0:44:50	1	26.77	4:43	2	0:18:36	1	3:43	1:18:52		
2	2400	Bernard Connolly	IRL	0:05:01	2	25:00	6:10	2	0:47:04	2	25.50	4:35	1	0:25:06	2	5:01	1:27:54	0:09:02	
DNF	2401	Philip Aherne	IRL		0			0		0			0		0				
DNF	2397	rory daly	IRL		0			0		0			0		0				

Try-a-tri Individual: Men 50-54 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2406	brian russell	GBR	0:04:31	2	22:31	6:31	1	0:42:15	1	28.41	4:37	1	0:20:11	1	4:02	1:18:03		
2	2405	Matt harte	IRL	0:04:31	1	22:30	7:58	2	0:49:10	2	24.41	5:22	2	0:23:00	2	4:35	1:29:59	0:11:56	
DNF	2408	Anthony Myers	IRL		0			0		0			0		0				
DNF	2409	Bernard Smyth	IRL		0			0		0			0		0				

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
0	2413	Mick Kavanagh	IRL	0:03:47	0	18:54	4:58	0	0:42:32	0	28.22	4:12	0	0:16:33	0	3:18	1:12:01		
0	2412	declan ridley	IRL	0:04:58	0	24:45	8:21	0	0:58:15	0	20.61	5:58	0	0:29:27	0	5:53	1:46:57	0:34:56	

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DSQ	2414	fionn mcnicholas lynch	IRL	0:04:13	0	21:02	5:29	0	0:55:08	0	21.77	5:29	0	0:14:23	0	2:52	1:24:40		

Try-a-tri Relay: Women 25-29 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2420	Fiona Craven	IRL	0:04:52	1	24:19	6:12	1	1:01:08	1	19.63	6:00	1	0:23:53	1	4:46	1:42:03		

Try-a-tri Relay: Women 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2424	Sinead Murphy	IRL	0:04:30	1	22:27	4:53	1	1:00:14	1	19.92	5:47	1	0:29:48	1	5:57	1:45:11		

TriAthlone 2009

Results: Categories

Try-a-tri Relay: Women 35-39 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DNF	2418	Wendy Smith	IRL		0			0		0			0		0				

Try-a-tri Relay: Women 40-44 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2422	Clare Doyle	IRL	0:05:32	1	27:35	4:40	1	0:56:28	1	21.25	4:11	1	0:22:12	1	4:26	1:33:01		

Try-a-tri Relay: Women 45-49 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2427	Carmel Holloway	IRL	0:04:52	2	24:16	6:07	3	0:58:14	1	20.61	5:05	1	0:25:04	2	5:00	1:39:19		
2	2428	elizabeth nugent	IRL	0:05:03	3	25:12	5:52	2	1:03:29	3	18.90	6:02	2	0:24:54	1	4:58	1:45:19	0:06:00	
3	2423	Denise Waldron	IRL	0:04:26	1	22:05	5:33	1	1:00:57	2	19.69	8:02	3	0:34:02	3	6:48	1:52:57	0:13:38	

Try-a-tri Relay: Women 65-69 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DNF	2415	ursula o'neill	IRL		0			0		0			0		0				

Try-a-tri Relay: Men 30-34 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2417	David Heffernan	IRL	0:03:39	1	18:14	4:25	1	0:37:39	1	31.88	3:30	1	0:18:53	1	3:46	1:08:05		
2	2421	Garrett Walsh	IRL	0:04:34	2	22:47	5:09	2	0:54:08	2	22.17	4:44	2	0:22:45	2	4:32	1:31:19	0:23:14	

Try-a-tri Relay: Men 40-44 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2425	David McGovern	IRL	0:03:59	1	19:53	4:41	1	0:48:15	1	24.87	5:02	1	0:25:15	1	5:02	1:27:11		

Try-a-tri Relay: Men 45-49 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	2416	Jimmy Redmond	IRL	0:04:19	1	21:30	5:19	1	1:04:04	1	18.73	6:01	1	0:28:05	1	5:36	1:47:47		

Try-a-tri Relay: Men 50-54 years

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DSQ	2429	Mick O'Shea	IRL	0:03:43	1	18:35	4:50	1	0:40:43	1	29.48	5:01	1	0:14:42	1	2:56	1:08:58		

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
0	2426	tom sweeney	IRL - none	0:04:07	0	20:33	5:11	0	0:49:01	0	24.49	4:22	0	0:19:53	0	3:58	1:22:32		