

Västerby långlopp 17.2.2019

Resultat

45 km : Men

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|---------------------|-----------------------------|-------------|-------------|---------|---------|
| 1 | 36 | Jarkko Hiltunen | makemove.fi | 38:27 | 1:18:07 | 1:57:14 | 1:12:16 |
| 2 | 59 | Aki Kauppinen | Sjundeå IF | 38:43 | 1:19:54 | 2:02:38 | 1:17:41 |
| 3 | 90 | Tobias Nylund | Skiteam Kimitoön | 38:37 | 1:19:55 | 2:03:26 | 1:18:28 |
| 4 | 120 | Jan Uggeldahl | Ski Team Kimitoön | 38:36 | 1:21:06 | 2:04:47 | 1:19:49 |
| 5 | 40 | Lennart Holmström | IF Åland | 40:42 | 1:22:54 | 2:05:45 | 1:20:48 |
| 6 | 97 | Matti Pääkkönen | Turun Soutajat | 39:23 | 1:21:07 | 2:05:51 | 1:20:53 |
| 8 | 102 | Anssi Reunanen | Forssan Salama | 42:19 | 1:27:15 | 2:12:35 | 1:27:38 |
| 7 | 92 | Jari Paavola | Turku | 42:18 | 1:27:14 | 2:12:37 | 1:27:40 |
| 9 | 41 | Elias Hämäläinen | Helsinki | 41:48 | 1:27:11 | 2:12:38 | 1:27:41 |
| 10 | 64 | Kim Kronberg | | 42:17 | 1:27:12 | 2:12:58 | 1:28:01 |
| 11 | 112 | Kapo Saukkonen | | 39:21 | 1:24:14 | 2:13:04 | 1:28:06 |
| 12 | 133 | Lukas Lindberg | Sibbo-Vargarna classic team | 42:18 | 1:27:35 | 2:13:30 | 1:28:33 |
| 13 | 140 | Jani Alanko | | 42:20 | 1:27:16 | 2:14:58 | 1:30:00 |
| 14 | 86 | Elias Mäntynen | Vantaan Hiihtoseura | 42:14 | 1:27:10 | 2:15:41 | 1:30:43 |
| 15 | 125 | Kari Vismanen | Turku | 42:21 | 1:27:36 | 2:17:50 | 1:32:53 |
| 16 | 96 | Jonas Pått | Ingå IF | 43:10 | 1:30:18 | 2:18:38 | 1:33:41 |
| 17 | 118 | Marko Turpeenniemi | | 43:16 | 1:30:16 | 2:18:59 | 1:34:01 |
| 18 | 34 | Taneli Harjunpää | Nurmijärvi | 43:07 | 1:31:07 | 2:20:53 | 1:35:55 |
| 19 | 24 | Joona Eskelinen | Tuusula | 43:12 | 1:31:07 | 2:21:01 | 1:36:04 |
| 20 | 145 | Ville Teuronen | Team Electrofit | 43:08 | 1:30:12 | 2:21:34 | 1:36:36 |
| 21 | 98 | Pasi Rantanen | ösk | 45:12 | 1:32:37 | 2:21:53 | 1:36:55 |
| 22 | 107 | Toni Salojärvi | Klaukkala | 44:55 | 1:32:45 | 2:21:53 | 1:36:56 |
| 23 | 81 | Thomas Malmsten | Österby SK | 43:48 | 1:30:58 | 2:22:57 | 1:38:00 |
| 24 | 69 | Stefan Lindh | Ski Team GT | 44:54 | 1:32:49 | 2:23:33 | 1:38:36 |
| 25 | 38 | Kalle Hollmén | | 44:51 | 1:32:52 | 2:23:38 | 1:38:41 |
| 27 | 60 | Magnus Kevin | TIF | 44:24 | 1:32:51 | 2:24:38 | 1:39:40 |
| 26 | 135 | Olli Korhonen | Sala-Gym Lehtikangas | 44:57 | 1:32:50 | 2:25:05 | 1:40:08 |
| 28 | 5 | Sami Anttila | | 44:51 | 1:33:15 | 2:27:29 | 1:42:31 |
| 29 | 68 | Rasmus Lindh | Ekenäs | 45:47 | 1:36:12 | 2:28:05 | 1:43:08 |
| 30 | 78 | Patrik Lundell | Kemiö | 44:54 | 1:35:05 | 2:28:15 | 1:43:17 |
| 31 | 134 | Christer Lindberg | Sibbo-Vargarna classic team | 47:09 | 1:37:17 | 2:28:15 | 1:43:18 |
| 32 | 94 | Janne Pettersson | Porvoo | 47:00 | 1:37:09 | 2:28:28 | 1:43:30 |
| 33 | 117 | Ilkka Tawast | Electrofit | 47:11 | 1:37:13 | 2:28:37 | 1:43:40 |
| 34 | 6 | Owe Backman | ÖSK | 46:36 | 1:36:14 | 2:28:43 | 1:43:46 |
| 35 | 105 | Jussi Rämä | Ski Team Nuhapumppu | 45:13 | 1:35:26 | 2:29:06 | 1:44:08 |
| 36 | 30 | Sebastian Österholm | ÖSK | 46:33 | 1:36:12 | 2:29:33 | 1:44:35 |

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|----------------------|----------------------|-------------|-------------|---------|---------|
| 37 | 77 | Juha Liukkonen | Helsinki | 46:35 | 1:36:55 | 2:29:43 | 1:44:46 |
| 38 | 3 | Daniel Andersson | Pargas lf | 47:12 | 1:37:16 | 2:30:06 | 1:45:09 |
| 39 | 103 | Eric Roos | Eif | 48:06 | 1:37:50 | 2:30:32 | 1:45:34 |
| 40 | 121 | Magnus Uggeldahl | | 45:26 | 1:36:33 | 2:32:52 | 1:47:55 |
| 41 | 108 | Juho Saloniemi | Helsinki | 48:33 | 1:40:12 | 2:33:38 | 1:48:40 |
| 42 | 15 | Fredrik Blomster | Sibbo-Vargarna | 47:04 | 1:39:08 | 2:33:58 | 1:49:00 |
| 43 | 70 | Dan Lindholm | Siggby Ski Team | 48:10 | 1:40:19 | 2:35:06 | 1:50:08 |
| 46 | 119 | Jan Täppinen | SNAPPERTUNA | 47:06 | 1:39:07 | 2:35:36 | 1:50:39 |
| 45 | 71 | Erik Lindholm | Siggby Ski Team | 48:37 | 1:40:14 | 2:35:45 | 1:50:47 |
| 44 | 43 | Jorma Ikäheimo | Downtown 65 | 50:17 | 1:41:46 | 2:36:19 | 1:51:21 |
| 47 | 7 | Martin Baltscheffsky | EHS | 48:02 | 1:40:58 | 2:37:03 | 1:52:05 |
| 49 | 28 | Juho Frilander | Helsinki | 48:32 | 1:42:09 | 2:37:37 | 1:52:39 |
| 48 | 89 | André Nylund | Ingå IF | 48:08 | 1:40:16 | 2:37:50 | 1:52:53 |
| 50 | 17 | Andreas Brenner | KylF | 50:21 | 1:43:51 | 2:39:28 | 1:54:31 |
| 51 | 56 | Jonny Karlsson | | 49:52 | 1:43:38 | 2:39:57 | 1:55:00 |
| 52 | 52 | Mika Juva | Muurlan Vihuri | 49:59 | 1:43:47 | 2:40:20 | 1:55:22 |
| 53 | 232 | Toni Joutjärvi | Helisingin juoksijat | 49:36 | 1:43:24 | 2:41:34 | 1:56:36 |
| 54 | 138 | Pekka Hautamaa | Espoo | 50:58 | 1:45:20 | 2:42:05 | 1:57:08 |
| 55 | 126 | Jonas Åberg | Fun Raise Ski Team | 50:52 | 1:45:15 | 2:42:21 | 1:57:24 |
| 56 | 127 | Leif Österholm | ösk | 50:55 | 1:45:16 | 2:42:55 | 1:57:58 |
| 57 | 93 | Tommi Peiponen | Espoo | 52:04 | 1:47:25 | 2:44:12 | 1:59:15 |
| 59 | 136 | Rune Ahlfors | Tenala lf | 50:01 | 1:44:19 | 2:44:17 | 1:59:19 |
| 58 | 51 | Juha Juhanoja | Paimion Urheilijat | 51:54 | 1:46:19 | 2:44:36 | 1:59:39 |
| 60 | 31 | Dennis Gerke | Ik trissan | 48:38 | 1:45:09 | 2:44:49 | 1:59:52 |
| 64 | 11 | Tony Björk | Ingå IF | 48:42 | 1:44:21 | 2:45:27 | 2:00:29 |
| 63 | 2 | Johan Alanko | Lohja | 52:02 | 1:48:26 | 2:45:34 | 2:00:36 |
| 62 | 129 | Stig Österholm | ÖSK | 50:56 | 1:45:17 | 2:45:44 | 2:00:47 |
| 61 | 248 | Antti Olander | | 52:40 | 1:47:22 | 2:46:05 | 2:01:07 |
| 65 | 50 | Kimmo Mäki | IK Trissan | 49:58 | 1:46:50 | 2:46:26 | 2:01:28 |
| 67 | 49 | Johan Johansson | | 50:13 | 1:46:11 | 2:46:36 | 2:01:39 |
| 66 | 72 | Petri Lindholm | Team Velo Cycling | 51:55 | 1:47:18 | 2:46:59 | 2:02:01 |
| 68 | 66 | Peter Kullberg | ÖSK | 54:01 | 1:48:24 | 2:47:20 | 2:02:22 |
| 69 | 61 | Harald Knaapinen | Karjaan URA | 52:44 | 1:49:21 | 2:49:06 | 2:04:09 |
| 70 | 88 | Keijo Nordström | TVC | 52:00 | 1:48:32 | 2:49:19 | 2:04:21 |
| 72 | 35 | Ville Hell | | 52:42 | 1:48:51 | 2:49:36 | 2:04:39 |
| 71 | 139 | Matias Karvinen | Espoo | 52:46 | 1:51:06 | 2:50:05 | 2:05:07 |
| 73 | 116 | Veikko Tahvanainen | Espoon Hiihtoseura | 52:43 | 1:49:25 | 2:50:07 | 2:05:09 |
| 74 | 196 | Mikael Lindblad | ÖSK | 49:58 | 1:45:49 | 2:50:40 | 2:05:42 |
| 75 | 149 | Pekka Niva | Espoo | 52:57 | 1:50:58 | 2:51:29 | 2:06:31 |

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|----------------------|-------------------------|-------------|-------------|---------|---------|
| 76 | 65 | Juha Kuittinen | Hangö | 52:02 | 1:49:52 | 2:53:28 | 2:08:30 |
| 78 | 144 | Eetu Virtanen | | 57:03 | 1:55:10 | 2:54:04 | 2:09:06 |
| 77 | 87 | Sami Nevalainen | | 54:51 | 1:52:59 | 2:54:06 | 2:09:08 |
| 80 | 45 | Jens Ingman | | 50:56 | 1:48:58 | 2:54:49 | 2:09:52 |
| 79 | 101 | Thomas Rehn | Ekenäs | 53:15 | 1:52:57 | 2:55:05 | 2:10:08 |
| 81 | 234 | Patric Fagerström | Skogby IK | 53:01 | 1:52:56 | 2:56:09 | 2:11:12 |
| 82 | 27 | Stefan Fiskars | OK Raseborg | 57:19 | 1:56:26 | 2:57:31 | 2:12:34 |
| 83 | 75 | Johnny Lindroos | ÖSK | 52:42 | 1:52:55 | 2:57:39 | 2:12:42 |
| 84 | 122 | Roald V Schoultz | Trollböle | 55:56 | 1:55:09 | 2:57:48 | 2:12:50 |
| 85 | 146 | Vesa Suomalainen | Joutikan pojat | 57:02 | 1:58:10 | 2:59:02 | 2:14:05 |
| 86 | 100 | Tapio Rautarae | Perniö | 55:48 | 1:56:13 | 2:59:28 | 2:14:31 |
| 87 | 104 | Jens Rosendal | Jalla Jalla | 57:08 | 1:56:23 | 2:59:38 | 2:14:40 |
| 88 | 115 | Mikael Söderström | ÖSK | 56:42 | 1:56:22 | 2:59:55 | 2:14:57 |
| 89 | 19 | Stefan Bäckman | Ingå IF | 54:45 | 1:56:07 | 3:00:01 | 2:15:04 |
| 91 | 26 | Ben Fagerström | Esbo | 55:20 | 1:56:18 | 3:00:52 | 2:15:54 |
| 90 | 91 | Vesa Oksanen | Perniö | 55:50 | 1:55:38 | 3:00:55 | 2:15:57 |
| 93 | 23 | Tore Danielsson | Borstö Byalag | 54:42 | 1:55:26 | 3:01:44 | 2:16:46 |
| 92 | 32 | Joakim Grönroos | Ekenäs | 57:10 | 1:56:27 | 3:02:01 | 2:17:03 |
| 95 | 114 | Max Söderlund | | 56:02 | 1:57:08 | 3:02:02 | 2:17:05 |
| 94 | 148 | Kurt Sundström | ITF Taekwon-Do raseborg | 58:36 | 1:58:39 | 3:02:25 | 2:17:27 |
| 96 | 197 | Joakim Stenström | | 56:40 | 1:57:23 | 3:03:48 | 2:18:51 |
| 97 | 79 | Jan Lång | Electrofit | 54:41 | 1:56:04 | 3:04:07 | 2:19:09 |
| 98 | 39 | Mathias Holmqvist | | 58:08 | 1:59:46 | 3:04:37 | 2:19:39 |
| 99 | 12 | Kim Björklund | Karis | 57:30 | 2:00:30 | 3:05:38 | 2:20:41 |
| 100 | 53 | Christer Jägerskiöld | | 57:20 | 1:59:27 | 3:06:22 | 2:21:25 |
| 102 | 4 | Niklas Andersson | Österby sportklubb ÖSK | 53:55 | 1:57:30 | 3:06:34 | 2:21:37 |
| 101 | 242 | Lasse Sohlberg | | 57:15 | 1:59:57 | 3:06:37 | 2:21:40 |
| 103 | 47 | Patrik Jensén | Kyif | 56:29 | 2:00:00 | 3:07:26 | 2:22:28 |
| 104 | 63 | Tuomo Kokkonen | Vantaa | 57:06 | 1:59:44 | 3:09:24 | 2:24:26 |
| 105 | 106 | Harry Sainio | Pölkå Motionsklubb | 57:17 | 2:01:43 | 3:09:28 | 2:24:30 |
| 106 | 55 | Conny Karlsson | | 59:57 | 2:02:47 | 3:10:02 | 2:25:04 |
| 107 | 74 | Robert Lindqvist | Ekenäs Lightning | 57:32 | 1:59:51 | 3:10:19 | 2:25:22 |
| 108 | 16 | Ingemar Borgman | IF Sibbo-Vargarna | 58:35 | 2:03:28 | 3:11:23 | 2:26:25 |
| 109 | 137 | Robert Sjöholm | Helsingfors | 58:03 | 2:03:40 | 3:13:59 | 2:29:01 |
| 110 | 58 | Thomas Karlsson | ÖSK | 59:02 | 2:04:01 | 3:16:19 | 2:31:21 |
| 111 | 147 | Otto Von Frenckell | Ingå IF | 58:51 | 2:05:35 | 3:19:22 | 2:34:24 |
| 113 | 57 | Patrik Karlsson | borgå | 56:36 | 2:03:27 | 3:20:13 | 2:35:15 |
| 112 | 42 | Bo-Johan Höglund | Borgå | 56:36 | 2:03:12 | 3:20:13 | 2:35:15 |
| 114 | 85 | Lauri Mäkinen | | 56:27 | 2:03:12 | 3:20:14 | 2:35:16 |

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|---------------------|-------------------|-------------|-------------|---------|---------|
| 115 | 142 | Eero Jokinen | Åbo | 1:00:50 | 2:07:32 | 3:20:35 | 2:35:38 |
| 116 | 123 | Jonas Wikman | Ekenäs | 57:28 | 2:04:13 | 3:21:23 | 2:36:25 |
| 117 | 25 | Kenneth Fagerlund | Ösk | 58:43 | 2:08:00 | 3:26:14 | 2:41:16 |
| 119 | 9 | Marcus Barman | OK Raseborg | 1:01:27 | 2:11:00 | 3:26:36 | 2:41:39 |
| 118 | 67 | Tage Lemström | IP-08 | 1:04:49 | 2:13:25 | 3:27:03 | 2:42:05 |
| 120 | 29 | Rasmus Friman | Nagu IF | 1:06:16 | 2:16:54 | 3:29:19 | 2:44:21 |
| 121 | 22 | Tomas Danielsson | Lökholms if | 1:01:06 | 2:11:37 | 3:29:33 | 2:44:35 |
| 122 | 111 | Peter Sandfors | Evitskog | 1:06:54 | 2:17:32 | 3:31:26 | 2:46:28 |
| 123 | 130 | Tobias Ekman | Lu Rakennus | 1:04:28 | 2:15:23 | 3:32:47 | 2:47:49 |
| 124 | 131 | John Lindqvist | Lu Rakennus | 1:03:56 | 2:15:00 | 3:36:32 | 2:51:35 |
| 125 | 8 | Dennis Barman | Ekenäs IF | 1:07:05 | 2:22:23 | 3:43:47 | 2:58:50 |
| 126 | 46 | Niclas Ingman | IF Sibbo-Vargarna | 1:08:27 | 2:25:39 | 3:54:20 | 3:09:23 |
| 127 | 83 | Santeri Muoniovaara | Helsinki | 1:13:47 | 2:32:21 | 3:54:35 | 3:09:38 |
| 128 | 132 | Mikael Lindqvist | Lu Rakennus | 1:13:31 | 2:36:30 | 4:04:43 | 3:19:46 |
| 129 | 37 | Peter Hoffström | Åbo | 1:22:48 | 2:55:24 | 4:32:33 | 3:47:35 |

45 km : Women

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|--------------------|----------------------|-------------|-------------|---------|---------|
| 1 | 109 | Sonja Saloranta | Lammin Säkiä | 43:47 | 1:31:06 | 2:20:20 | 1:23:27 |
| 2 | 99 | Jonna Rask | Pargas IF | 46:31 | 1:37:08 | 2:29:06 | 1:32:13 |
| 3 | 243 | Oona Masso | Electrofit | 52:59 | 1:51:02 | 2:51:30 | 1:54:37 |
| 4 | 33 | Maija Hakala | Espoon Hiihtoseura | 55:46 | 1:56:17 | 2:59:53 | 2:03:01 |
| 5 | 124 | Petra Wikman | Ekenäs | 55:35 | 1:57:04 | 3:03:20 | 2:06:28 |
| 6 | 20 | Marianne Börman | Kimito Sportförening | 56:37 | 1:59:14 | 3:04:28 | 2:07:36 |
| 7 | 113 | Christel Sundqvist | Ösk | 56:38 | 1:59:19 | 3:04:28 | 2:07:36 |
| 8 | 1 | Siiri Lindroos | | 58:08 | 2:03:56 | 3:13:51 | 2:16:59 |
| 9 | 95 | Katarina Pihl | Pargas If | 1:01:13 | 2:07:07 | 3:16:24 | 2:19:31 |
| 10 | 80 | Heli Löflund | Raasepori | 1:04:46 | 2:14:06 | 3:24:14 | 2:27:21 |
| 11 | 143 | Mikaela Fiskars | OK Raseborg | 1:03:14 | 2:12:31 | 3:26:02 | 2:29:09 |
| 12 | 236 | Annastina Sarlin | Nagu IF | 1:03:13 | 2:13:20 | 3:29:52 | 2:32:59 |
| 14 | 18 | Sabina Bäck | IF Femman | 1:03:27 | 2:14:22 | 3:30:26 | 2:33:33 |
| 13 | 141 | Mikaela Funck | | 1:04:34 | 2:16:00 | 3:30:38 | 2:33:46 |
| 15 | 21 | Martina Candolin | | 1:08:32 | 2:24:42 | 3:46:51 | 2:49:58 |

30 km : Men

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|------------------|--------------------|-------------|-------------|---------|---------|
| 1 | 240 | Pasi Waali | Kaarina | 47:39 | -9:59:44 | 1:37:19 | 52:22 |
| 2 | 14 | Thomas Blomqvist | Ski Team GT | 45:44 | -9:59:44 | 1:40:12 | 55:15 |
| 3 | 10 | Dan Bernstedt | | 47:15 | -9:59:44 | 1:40:16 | 55:19 |
| 4 | 166 | Timo Holopainen | Espoon Hiihtoseura | 52:41 | -9:59:44 | 1:45:44 | 1:00:47 |
| 5 | 174 | Timo Peltomaa | Karjaan Ura | 58:25 | -9:59:44 | 1:57:43 | 1:12:45 |

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|-------------------|-------------------|-------------|-------------|---------|---------|
| 6 | 168 | Johan Lindholm | OK Raseborg | 56:52 | -9:59:44 | 2:00:18 | 1:15:20 |
| 7 | 173 | Fredrik Lindroos | | 1:00:16 | -9:59:44 | 2:01:02 | 1:16:04 |
| 8 | 170 | Niklas Degerlund | Ekenäs | 56:47 | -9:59:44 | 2:04:14 | 1:19:16 |
| 9 | 241 | Pontus Baarman | | 1:00:31 | -9:59:44 | 2:05:14 | 1:20:17 |
| 10 | 172 | Erik Lindroos | | 1:01:00 | -9:59:44 | 2:05:42 | 1:20:44 |
| 11 | 165 | Simon Nylund | Ingå IF | 1:04:18 | -9:59:44 | 2:13:23 | 1:28:25 |
| 12 | 155 | Johan Smedjebacka | | 1:06:14 | -9:59:44 | 2:16:31 | 1:31:33 |
| 14 | 164 | Henrik Forsman | | 1:09:13 | -9:59:44 | 2:24:20 | 1:39:22 |
| 13 | 239 | Sture Lindqvist | | 1:09:14 | -9:59:44 | 2:24:20 | 1:39:23 |
| 15 | 157 | Mattias Simberg | | 1:17:57 | -9:59:44 | 2:26:13 | 1:41:16 |
| 16 | 178 | Anders Kevin | Fair Play | 1:18:37 | -9:59:44 | 2:32:25 | 1:47:27 |
| 17 | 158 | Niklas Simberg | | 1:18:02 | -9:59:44 | 2:43:30 | 1:58:33 |
| 18 | 247 | Johan Thorn | PIF | 1:26:37 | -9:59:44 | 2:59:52 | 2:14:55 |

30 km : Women

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|----------------------|--------------------|-------------|-------------|---------|---------|
| 1 | 156 | Elin Ljungqvist | Österby Sportklubb | 53:43 | -9:59:44 | 1:48:28 | 51:35 |
| 2 | 169 | Maria Degerlund | Ekenäs | 57:57 | -9:59:44 | 2:04:14 | 1:07:21 |
| 3 | 62 | Kathrin Knaapinen | Karjaan URA | 59:14 | -9:59:44 | 2:08:17 | 1:11:24 |
| 4 | 162 | Regina Kalenius | Karis Ura | 1:08:59 | -9:59:44 | 2:21:36 | 1:24:43 |
| 5 | 160 | Tove Jern | Esbo | 1:09:24 | -9:59:44 | 2:22:33 | 1:25:40 |
| 6 | 163 | Tina Collan-Weber | Karis Ura | 1:09:19 | -9:59:44 | 2:26:21 | 1:29:28 |
| 7 | 159 | Hanna Björkstrand | | 1:17:05 | -9:59:44 | 2:40:40 | 1:43:48 |
| 8 | 175 | Hanna Muoniovaara | Helsinki | 1:18:24 | -9:59:44 | 2:44:06 | 1:47:13 |
| 10 | 167 | Katarina Lindholm | Siggby Ski Team | 1:17:50 | -9:59:44 | 2:49:22 | 1:52:29 |
| 9 | 171 | Linda Kevin | ÖSK | 1:18:36 | -9:59:44 | 2:49:35 | 1:52:42 |
| 11 | 161 | Marja-Lena Österholm | ÖSK | 1:26:53 | -9:59:44 | 2:59:39 | 2:02:46 |

15 km : Men

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|--------------------|-------------------|-------------|-------------|---------|-------|
| 1 | 110 | Cedrik Sandell | SNAPPERTUNA | -9:59:44 | -9:59:44 | 44:58 | |
| 2 | 221 | Ralf Wadenström | IF Sibbo-Vargarna | -9:59:44 | -9:59:44 | 45:52 | 55 |
| 3 | 228 | Carl-Gustav Måsa | Ekenäs | -9:59:44 | -9:59:44 | 56:11 | 11:13 |
| 4 | 220 | Andreas Wadenström | IF Sibbo-Vargarna | -9:59:44 | -9:59:44 | 57:37 | 12:40 |
| 5 | 233 | Roger Lönnberg | Raseborg IF | -9:59:44 | -9:59:44 | 59:30 | 14:33 |
| 6 | 224 | Tom Viking Öhman | Ingå if | -9:59:44 | -9:59:44 | 1:01:04 | 16:07 |
| 7 | 213 | Kaj Råstedt | Fribergs Gurkor | -9:59:44 | -9:59:44 | 1:06:53 | 21:55 |
| 8 | 208 | Erik Kevin | | -9:59:44 | -9:59:44 | 1:09:22 | 24:25 |
| 9 | 204 | Seppo Heinämaa | Tammisaari | -9:59:44 | -9:59:44 | 1:09:54 | 24:57 |
| 12 | 211 | Vilhelm Nylund | Ingå IF | -9:59:44 | -9:59:44 | 1:14:13 | 29:15 |
| 10 | 246 | Karl Emil Lemström | OK Raseborg | -9:59:44 | -9:59:44 | 1:14:17 | 29:20 |

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|--------------------|--------------------|-------------|-------------|---------|-------|
| 11 | 177 | Kenneth Westerholm | Lu Rakennus | -9:59:44 | -9:59:44 | 1:14:21 | 29:24 |
| 14 | 250 | Erik Boije | IK Trissan | -9:59:44 | -9:59:44 | 1:15:02 | 30:05 |
| 13 | 249 | Johan Boije | | -9:59:44 | -9:59:44 | 1:15:02 | 30:05 |
| 16 | 210 | Stefan Lindholm | ÖSK | -9:59:44 | -9:59:44 | 1:15:59 | 31:01 |
| 17 | 203 | Niclas Erlin | | -9:59:44 | -9:59:44 | 1:16:04 | 31:07 |
| 15 | 205 | Mikael Holm | Ösk | -9:59:44 | -9:59:44 | 1:16:18 | 31:20 |
| 19 | 237 | Marcus Smedslund | OK Raseborg | -9:59:44 | -9:59:44 | 1:18:13 | 33:16 |
| 18 | 176 | Nico Wallenius | Lu Rakennus | -9:59:44 | -9:59:44 | 1:18:14 | 33:16 |
| 20 | 226 | Filip Romero | Österby sportklubb | -9:59:44 | -9:59:44 | 1:19:09 | 34:11 |
| 21 | 229 | Anders Westerlund | Stagsund IK | -9:59:44 | -9:59:44 | 1:19:54 | 34:56 |
| 22 | 202 | Adam Berglund | Ekenäs | -9:59:44 | -9:59:44 | 1:21:21 | 36:23 |
| 23 | 218 | Berndt Söderlund | Ekenäs | -9:59:44 | -9:59:44 | 1:21:27 | 36:29 |
| 24 | 219 | Dan Söderlund | Ekenäs | -9:59:44 | -9:59:44 | 1:21:28 | 36:30 |
| 25 | 222 | Isac Värn | | -9:59:44 | -9:59:44 | 1:25:41 | 40:44 |
| 26 | 209 | Lars-Erik Lindholm | | -9:59:44 | -9:59:44 | 1:31:27 | 46:29 |
| 27 | 217 | Johan Sundström | | -9:59:44 | -9:59:44 | 1:31:55 | 46:58 |
| 28 | 245 | Fredrik Lemström | Ingå IF | -9:59:44 | -9:59:44 | 1:32:29 | 47:31 |
| 29 | 244 | Tom Lemström | Ingå IF | -9:59:44 | -9:59:44 | 1:32:30 | 47:33 |
| 30 | 154 | Kjell Wiberg | | -9:59:44 | -9:59:44 | 1:32:58 | 48:00 |

15 km : Women

| rank | StartNr | Navn | Klub/Hold/Sponsor | Split 14 km | Split 28 km | Tid | diff |
|------|---------|--------------------------|--------------------|-------------|-------------|---------|-------|
| 1 | 206 | Hanna Holopainen | Espoon Hiihtoseura | -9:59:44 | -9:59:44 | 56:53 | |
| 2 | 198 | Terttu Augustson | ÖSK | -9:59:44 | -9:59:44 | 1:01:03 | 4:11 |
| 3 | 212 | Pamela Roth | Ösk | -9:59:44 | -9:59:44 | 1:07:56 | 11:04 |
| 4 | 207 | Birgit Jensén | ÖSK | -9:59:44 | -9:59:44 | 1:12:29 | 15:37 |
| 5 | 225 | Jennie Bredenberg-Romero | Österby sportklubb | -9:59:44 | -9:59:44 | 1:19:08 | 22:15 |
| 6 | 215 | Elin Soderlund | | -9:59:44 | -9:59:44 | 1:21:31 | 24:38 |
| 7 | 214 | Virve Savoila | | -9:59:44 | -9:59:44 | 1:23:43 | 26:50 |
| 8 | 223 | Jennie Värn | | -9:59:44 | -9:59:44 | 1:25:57 | 29:05 |
| 9 | 216 | Anne-May Sundström | | -9:59:44 | -9:59:44 | 1:31:20 | 34:27 |
| 10 | 153 | Anna Kronberg | | -9:59:44 | -9:59:44 | 1:32:55 | 36:03 |
| 11 | 227 | Marika Backman | | -9:59:44 | -9:59:44 | 1:34:09 | 37:16 |
| 12 | 238 | Lisbet Dahlqvist | | -9:59:44 | -9:59:44 | 1:34:12 | 37:20 |
| 13 | 201 | Carita Aminoff | OK Raseborg | -9:59:44 | -9:59:44 | 1:37:22 | 40:29 |